Therapeutic Class Overview Angiotensin II receptor blockers (ARBs) – combination products

Therapeutic Class

• **Overview/Summary:** This review will focus on the angiotensin II receptor blocker (ARB) combination products.¹⁻¹³ The renin-angiotensin-aldosterone system (RAAS) is the most important component in the homeostatic regulation of blood pressure.^{14,15} Excessive activity of the RAAS may lead to hypertension and disorders of fluid and electrolyte imbalance.¹⁶ Renin catalyzes the conversion of angiotensinogen to angiotensin I. Angiotensin I is then cleaved to angiotensin II by angiotensin converting enzyme (ACE). Angiotensin II can increase blood pressure by direct vasoconstriction and through actions on the brain and autonomic nervous system.^{14,16} In addition, angiotensin II stimulates aldosterone synthesis from the adrenal cortex, leading to sodium and water reabsorption. Angiotensin II exerts other detrimental cardiovascular effects including hypertrophy and remodeling.^{14,15} The RAAS plays an important role in the development and progression of heart failure.¹⁵

ACE inhibitors block the conversion of angiotensin I to angiotensin II, and also inhibit the breakdown of bradykinin, a potent vasodilator associated with dry cough.¹⁴⁻¹⁷ Since angiotensin II may also be generated through other pathways that do not depend upon ACE (e.g., chymase), blockade of angiotensin II by ACE inhibitors is incomplete.^{14,15} The ARBs block the angiotensin II receptor subtype AT1, preventing the negative effects of angiotensin II, regardless of its origin. ARBs do not appear to affect bradykinin. Amlodipine, a nondihydropyridine calcium channel blocker, inhibits the transmembrane influx of calcium ions into vascular smooth muscle and cardiac muscle. Cardiac and vascular smooth muscle contraction depends on the movement of extracellular calcium ions into cells through specific ion channels. Amlodipine inhibits calcium ion influx and exerts a greater effect on vascular smooth muscle cells compared to cardiac muscle cells. Amlodipine is a peripheral arterial vasodilator, which results in a reduction in peripheral vascular resistance and reduction in blood pressure.¹⁸ HCTZ, a thiazide diuretic, increases the excretion of sodium and chloride by inhibiting their reabsorption in the ascending loop of Henle and the early distal tubules of the kidney. Indirectly, the diuretic action of HCTZ reduces plasma volume, which increases plasma renin activity, aldosterone secretion and subsequently potassium excretion in the urine. The exact antihypertensive mechanism of the thiazide diuretics is unknown, although sodium depletion appears to be an important factor.

Generic (Trade Name)	Food and Drug Administration Approved Indications	Dosage Form/Strength	Generic Availability
Azilsartan/chlorthalidone (Edarbyclor [®])	Hypertension*	Tablet: 40/12.5 mg 40/25 mg	-
Candesartan/hydrochlorothiazide (Atacand HCT ^{®#})	Hypertension [†]	Tablet: 16/12.5 mg 32/12.5 mg 32/25 mg	`
Eprosartan/hydrochlorothiazide (Teveten HCT [®])	Hypertension [†]	Tablet: 600/12.5 mg 600/25 mg	-
Irbesartan/hydrochlorothiazide (Avalide ^{®#})	Hypertension*	Tablet: 150/12.5 mg 300/12.5 mg	>
Losartan/hydrochlorothiazide (Hyzaar ^{®#})	Hypertension [‡] , Reduction in the Risk of Stroke in Patients	Tablet: 50/12.5 mg	~

Table 1. Current Medications Availa	ble in Therapeutic Class ¹⁻¹³



Page 1 of 6 Copyright 2014 • Review Completed on 09/19/2014



Generic (Trade Name)	Food and Drug Administration Approved Indications	Dosage Form/Strength	Generic Availability
	with Hypertension and Left Ventricular Hypertrophy [§]	100/12.5 mg 100/25 mg	
Olmesartan/hydrochlorothiazide (Benicar HCT [®])	Hypertension [†]	Tablet: 20/12.5 mg 40/12.5 mg 40/25 mg	-
Telmisartan/hydrochlorothiazide (Micardis HCT ^{®#})	Hypertension [†]	Tablet: 40/12.5 mg 80/12.5 mg 80/25 mg	~
Valsartan/hydrochlorothiazide (Diovan HCT ^{®#})	Hypertension*	Tablet: 80/12.5 mg 160/12.5 mg 160/25 mg 320/12.5 mg 320/25 mg	~
Olmesartan/amlodipine (Azor [®])	Hypertension*	Tablet: 20/5 mg 40/5 mg 20/10 mg 40/10 mg	-
Olmesartan/amlodipine/ hydrochlorothiazide (Tribenzor [®])	Hypertension [†]	Tablet: 20/5/12.5 mg 40/5/25 mg 40/5/12.5 mg 40/10/12.5 mg 40/10/25 mg	-
Telmisartan/amlodipine (Twynsta ^{®#})	Hypertension*	Tablet: 40/5 mg 40/10 mg 80/5 mg 80/10 mg	~
Valsartan/amlodipine (Exforge [®])	Hypertension*	Tablet: 160/5 mg 160/10 mg 320/5 mg 320/10 mg	-
Valsartan/amlodipine/ hydrochlorothiazide (Exforge [®] HCT)	Hypertension [†]	Tablet: 160/5/12.5 mg 160/5/25 mg 160/10/12.5 mg 160/10/25 mg 320/10/25 mg	-

*Indicated to treat hypertension in patients not adequately controlled on monotherapy or as initial therapy in patients who are likely to need multiple drugs to achieve their blood pressure goals.

†This fixed-dose combination is not indicated for initial therapy.

The fixed-dose combination is not indicated for initial therapy, except when the hypertension is severe enough that the value of achieving prompt blood pressure control exceeds the risks of initiating combination therapy in these patients. §There is evidence that this benefit does not extend to African American patients.

#Generic available in at least one dosage form or strength.



Page 2 of 6 Copyright 2014 • Review Completed on 09/19/2014



Evidence-based Medicine

- Clinical trials assessing the combination angiotensin II receptor blockers (ARBs) in the treatment of hypertension have demonstrated that, in general, dual therapy combinations of ARBs plus either a thiazide diuretic or amlodipine achieve greater reductions in blood pressure and higher blood pressure control rates compared to monotherapy regimens of ARBs, amlodipine or a thiazide diuretic.25-3
- A meta-analysis by Conlin et al found that combination therapy with ARBs and HCTZ resulted in substantially greater reductions in systolic and diastolic blood pressure compared to ARB monotherapy.
- A second meta-analysis, conducted by Fogari et al, found that triple combinations of ARBs (olmesartan or valsartan), CCBs (amlodipine), and diuretics (hydrochlorothiazide) at any dose provided more blood pressure reduction in office and 24-hour ambulatory measurements than any dual combination of these molecules (P<.0001 for both).³⁹
- Trials assessing triple therapy regimens with an ARB, amlodipine and HCTZ demonstrate significantly greater blood pressure reductions with triple therapy compared to combination and monotherapy.³⁹⁻⁴²
- There are limited head-to-head trials involving these agents, and the trials do not consistently demonstrate superiority of one combination product over another within the class.⁴³⁻⁵⁰
 - Telmisartan/HCTZ has been shown to significantly improve diastolic and systolic blood pressure when compared to valsartan or losartan in combination with HCTZ in three studies over six to ten weeks.^{46,48,49}

Key Points within the Medication Class

- According to Current Clinical Guidelines:
 - According to the Eighth Report of the Joint National Committee on Prevention, Detection, Evaluation, Treatment of High Blood Pressure the general nonblack population, including those with diabetes, initial antihypertensive treatment should include a thiazide-type diuretic, calcium channel blocker, angiotensin-converting enzyme inhibitor, or angiotensin receptor blocker.1
 - Current treatment guidelines indicate that many patients will require more than one 0 antihypertensive agent to achieve goal blood pressure and that patients with stage/grade 2 hypertension may require initial therapy with medications from two different drug classes.¹⁹⁻²²
 - ARBs are specifically recommended over other classes in hypertensive patients with certain 0 compelling indications including heart failure, left ventricular hypertrophy, chronic kidney disease and diabetes.¹⁹⁻²²
 - It is important to note that certain combinations are not recommended, including concurrent 0 use of an ARB and an ACE-inhibitor.^{19,21}
 - Other guidelines highlight the use of antihypertensives in special populations such as pediatrics and kidney disease.^{23,24} 0
- Other Kev Facts:
 - The products that are available generically include candesartan/HCTZ, irbesartan/HCTZ, 0 losartan/HCTZ, telmisartan/HCTZ, valsartan/HCTZ, and telmisartan/amlodipine.
 - The only products that are not available generically as a single agent in any dosage for or strength include azilsartan (Edarbi[®]) and olmesartan (Benicar[®]).

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Page 3 of 6 Copyright 2014 • Review Completed on 09/19/2014



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Therapeutic Class Review Angiotensin II Receptor Blockers (ARBs)-Combination Products

Overview/Summary

This review will focus on the angiotensin II receptor blocker (ARB) combination products.¹⁻¹³ They are all Food and Drug Administration (FDA) approved for the treatment of hypertension. One agent, losartan/hydrochlorothiazide (HCTZ) carries the additional indication of reduction in the risk of stroke in patients with hypertension and left ventricular hypertrophy. Edarbyclor[®] (azilsartan/chlorthalidone) is the only chlorthalidone-containing product in the class. The other products available in this class include various combinations of an ARB with a calcium channel blocker (amlodipine), a thiazide diuretic (HCTZ) or both. The products that are available generically include candesartan/HCTZ, irbesartan/HCTZ, losartan/HCTZ, telmisartan/HCTZ, valsartan/HCTZ, and telmisartan/amlodipine. The only products that are not available generically as a single agent in any dosage for or strength include azilsartan (Edarbi[®]) and olmesartan (Benicar[®]).

The renin-angiotensin-aldosterone system (RAAS) is the most important component in the homeostatic regulation of blood pressure.^{14,15} Excessive activity of the RAAS may lead to hypertension and disorders of fluid and electrolyte imbalance.¹⁶ Renin catalyzes the conversion of angiotensinogen to angiotensin I. Angiotensin I is then cleaved to angiotensin II by angiotensin converting enzyme (ACE). Angiotensin II can increase blood pressure by direct vasoconstriction and through actions on the brain and autonomic nervous system.^{14,16} In addition, angiotensin II stimulates aldosterone synthesis from the adrenal cortex, leading to sodium and water reabsorption. Angiotensin II exerts other detrimental cardiovascular effects including hypertrophy and remodeling.^{14,15} The RAAS plays an important role in the development and progression of heart failure.¹⁵ ACE inhibitors block the conversion of angiotensin I to angiotensin II, and also inhibit the breakdown of bradykinin, a potent vasodilator associated with dry cough.¹⁴⁻¹⁷ Since angiotensin II may also be generated through other pathways that do not depend upon ACE (e.g., chymase), blockade of angiotensin II by ACE inhibitors is incomplete.^{14,15} The ARBs block the angiotensin II receptor subtype AT1, preventing the negative effects of angiotensin II, regardless of its origin. ARBs do not appear to affect bradykinin. Amlodipine, a nondihydropyridine calcium channel blocker, inhibits the transmembrane influx of calcium ions into vascular smooth muscle and cardiac muscle. Cardiac and vascular smooth muscle contraction depends on the movement of extracellular calcium ions into cells through specific ion channels. Amlodipine inhibits calcium ion influx and exerts a greater effect on vascular smooth muscle cells compared to cardiac muscle cells. Amlodipine is a peripheral arterial vasodilator, which results in a reduction in peripheral vascular resistance and reduction in blood pressure.¹⁸ HCTZ, a thiazide diuretic, increases the excretion of sodium and chloride by inhibiting their reabsorption in the ascending loop of Henle and the early distal tubules of the kidney. Indirectly, the diuretic action of HCTZ reduces plasma volume, which increases plasma renin activity, aldosterone secretion and subsequently potassium excretion in the urine. The exact antihypertensive mechanism of the thiazide diuretics is unknown, although sodium depletion appears to be an important factor.¹⁸

Current treatment guidelines indicate that many patients will require more than one antihypertensive agent to achieve goal blood pressure and that patients with stage/grade 2 hypertension may require initial therapy with medications from two different drug classes.¹⁹⁻²² According to the Eighth Report of the Joint National Committee on Prevention, Detection, Evaluation, Treatment of High Blood Pressure the general nonblack population, including those with diabetes, initial antihypertensive treatment should include a thiazide-type diuretic, calcium channel blocker, angiotensin-converting enzyme inhibitor, or angiotensin receptor blocker.¹⁹ ARBs are specifically recommended in hypertensive patients with certain compelling indications including heart failure, left ventricular hypertrophy, chronic kidney disease and diabetes.¹⁹⁻²² It is important to note that certain combinations are not recommended, including concurrent use of an ARB and an ACE-inhibitor.^{19,21} Additional guidelines outline the use of antihypertensives in pediatrics and chronic kidney disease.^{23,24}



Page 1 of 55 Copyright 2014 • Review Completed on 09/19/2014



Medications

Generic Name (Trade Name)	Medication Class	Generic Availability
Azilsartan/chlorthalidone	Angiotensin II receptor blocker/	
(Edarbyclor [®])	thiazide diuretic	-
Candesartan/hydrochlorothiazide	Angiotensin II receptor blocker/	
(Atacand HCT [®])	thiazide diuretic	÷
Eprosartan/hydrochlorothiazide	Angiotensin II receptor blocker/	
(Teveten HCT [®])	thiazide diuretic	-
Irbesartan/hydrochlorothiazide	Angiotensin II receptor blocker/	
(Avalide [®])	thiazide diuretic	÷
Losartan/hydrochlorothiazide	Angiotensin II receptor blocker/	
(Hyzaar [®])	thiazide diuretic	÷
Olmesartan/hydrochlorothiazide	Angiotensin II receptor blocker/	
(Benicar HCT [®])	thiazide diuretic	-
Telmisartan/hydrochlorothiazide	Angiotensin II receptor blocker/	
(Micardis HCT [®])	thiazide diuretic	÷
Valsartan/hydrochlorothiazide	Angiotensin II receptor blocker/	
(Diovan HCT [®])	thiazide diuretic	÷
Olmesartan/amlodipine	Angiotensin II receptor blocker/	
(Azor [®])	calcium channel blocker	-
Olmesartan/amlodipine/	Angiotensin II receptor blocker/calcium	
hydrochlorothiazide (Tribenzor [®])	channel blocker/thiazide diuretic	-
Telmisartan/amlodipine	Angiotensin II receptor blocker/	
(Twynsta [®])	calcium channel blocker	÷
Valsartan/amlodipine	Angiotensin II receptor blocker/	
(Exforge [®])	calcium channel blocker	-
Valsartan/amlodipine/	Angiotensin II receptor blocker/calcium	
hydrochlorothiazide (Exforge [®] HCT)	channel blocker/thiazide diuretic	-

Table 1. Medications Included Within Class Review

Indications

Table 2. Food and Drug Administration Approved Indications¹⁻¹³

Generic Name	Hypertension	Reduction in the Risk of Stroke in Patients with Hypertension and Left Ventricular Hypertrophy
Azilsartan/chlorthalidone	✓ *	
Candesartan/HCTZ	✓ [†]	
Eprosartan/HCTZ	✓ †	
Irbesartan/HCTZ	✓ *	
Losartan/HCTZ	✓ ‡	✓ §
Olmesartan/HCTZ	✓ †	
Telmisartan/HCTZ	✓ †	
Valsartan/HCTZ	✓ *	
Olmesartan/amlodipine	✓ *	
Olmesartan/amlodipine/HCTZ	✓ †	
Telmisartan/amlodipine	✓ *	
Valsartan/amlodipine	✓ *	
Valsartan/amlodipine/HCTZ	✓ †	

HCTZ=hydrochlorothiazide

*Indicated to treat hypertension in patients not adequately controlled on monotherapy or as initial therapy in patients who are likely to need multiple drugs to achieve their blood pressure goals.

†This fixed-dose combination is not indicated for initial therapy.





‡The fixed-dose combination is not indicated for initial therapy, except when the hypertension is severe enough that the value of achieving prompt blood pressure control exceeds the risks of initiating combination therapy in these patients.
§There is evidence that this benefit does not extend to African American patients.

Pharmacokinetics

Table 3. Pharmacokinetics^{1-13,18}

Generic Name	Bioavailability (%)	Metabolism	Active Metabolites	Elimination (%)	Half-Life (hours)		
Angiotensin II I	Receptor Antago	nists					
Azilsartan	60	CYP2C9	No	Feces (55); renal (42)	11		
Candesartan	15	CYP2C9	None	Feces (67); renal (33)	9		
Eprosartan	13	Glucuronidation	None	Feces (90); renal (7)	6		
Irbesartan	60 to 80	CYP2C9	None	Feces (80); renal (20)	11 to 15		
Losartan	33	CYP2C9; CYP3A4	Yes; 5- carboxylic acid (E-3174)	Feces (60); renal (35)	2 (6 to 9)		
Olmesartan	26	Deesterification	None	Feces (50 to 65); renal (35 to 50)	13		
Telmisartan	42 to 58	Conjugation	None	Feces (>97)	24		
Valsartan	25	Minimal; enzyme unknown	None	Feces (83); renal (13)	6		
Calcium Channel Blockers							
Amlodipine	64 to 90	Liver	None	Renal (70)	30 to 60		
Thiazide Diuretics							
Hydrochloro- thiazide	~50 to 75	Not appreciably metabolized	Not reported	Renal (50 to 70)	6 to 15		
Chlorthalidone	65	Not reported	None	Renal (96*)	40 to 89		

*Intravenous administration.

Clinical Trials

Clinical trials assessing the combination angiotensin II receptor blockers (ARBs) in the treatment of hypertension have demonstrated that, in general, dual therapy combinations of ARBs plus either a thiazide diuretic or amlodipine achieve greater reductions in blood pressure and higher blood pressure control rates compared to monotherapy regimens of ARBs, amlodipine or a thiazide diuretic.²⁵⁻³⁷ A meta-analysis by Conlin et al found that combination therapy with ARBs and HCTZ resulted in substantially greater reductions in systolic and diastolic blood pressure compared to ARB monotherapy.³⁸ A second meta-analysis, conducted by Fogari et al, found that triple combinations of ARBs (olmesartan or valsartan), calcium channel blockers (amlodipine), and diuretics (hydrochlorothiazide) at any dose provided more blood pressure reduction in office and 24-hour ambulatory measurements than any dual combination of these molecules (P<0.0001 for both).³⁹ Trials assessing triple therapy regimens with an ARB, amlodipine and HCTZ demonstrate significantly greater blood pressure reductions with triple therapy compared to combination and monotherapy.⁴⁰⁻⁴² There are limited head-to-head trials involving these agents, and the trials do not consistently demonstrate superiority of one combination product over another within the class.⁴³⁻⁵⁰ However, telmisartan/HCTZ has been shown to significantly improve diastolic blood pressure (DBP) and systolic blood pressure (SBP) when compared to valsartan or losartan in combination with HCTZ in three studies over six to ten weeks.^{46,48,49}



Page 3 of 55 Copyright 2012 • Review Completed on 09/19/2014



Table 4. Clinical Trials

Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
Hypertension				
McInnes et al ⁵¹ Candesartan/HCTZ 8/12.5 mg QD	DB, DD, MC, PG, RCT Patients 20 to 80	N=355 26 weeks	Primary: Mean changes in DBP	Primary: Changes in mean sitting DBP did not differ significantly between the groups (mean difference, 0.5 mm Hg; <i>P</i> =0.20).
vs lisinopril/HCTZ 10/12.5 mg QD	years of age with mild-to-moderate HTN on prior antihypertensive monotherapy		Secondary: Mean changes in SBP and heart rate, proportion of responders and	Secondary: No significant differences between the groups were reported for mean sitting SBP, heart rate, proportion of responders and controlled patients.
			controlled patients, safety	Both drugs were well tolerated but a greater percentage of those in the lisinopril group (80 vs 69%) had a least one side effect (P =0.020). The proportion of patients spontaneously reporting cough (23.1 vs 4.6%) and discontinuing therapy due to adverse events (12.0 vs 5.9%) was also higher in the lisinopril group compared to the candesartan group.
Ohma et al ⁴³	DB, MC, RCT	N=340	Primary: Change in sitting	Primary: Greater reductions in DBP were reported with candesartan/HCTZ vs
Candesartan/HCTZ 16/12.5 mg QD vs	Patients 20 to 80 years of age with mild- to moderate uncontrolled HTN	12 weeks	DBP Secondary: SBP, proportion of	losartan/HCTZ (-10.4 vs -7.8 mm Hg; <i>P</i> =0.016). Secondary: Greater decreases in SBP were reported with candesartan/HCTZ (-
losartan/HCTZ 50/12.5 mg	while on monotherapy (any		responders, safety and tolerability	19.4 mm Hg) vs losartan/HCTZ (-13.7 mm Hg; <i>P</i> =0.004).
QD	kind of medication)			The proportion of patients achieving a DBP \leq 90 mm Hg was greater with candesartan/HCTZ (60.9 vs 49.3%; <i>P</i> =0.044).
				There were eight withdrawals due to adverse effects in the candesartan/HCTZ group and 12 in the losartan/HCTZ group. The most common adverse effects were headache, tachycardia/palpitations, dizziness and fatigue.
Sachse et al ²⁵	DB, MC, PG, PRO, RCT	N=309	Primary: Trough sitting DBP	Primary: Significantly greater reductions in sitting DBP were observed at study
Eprosartan 600 mg plus HCTZ 12.5 mg QD	Patients 18 years of age and older	8 weeks	Secondary: Trough sitting SBP	endpoint in the eprosartan plus HCTZ group compared to the eprosartan monotherapy group (<i>P</i> =0.001).





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
vs eprosartan 600 mg QD Ambrosioni et al ⁴⁴	with mild- to moderate HTN DB, DD, MC, PG,	N=155	and heart rate, proportion of patients whose sitting DBP had normalized, proportion of responders (defined as normal sitting DBP or sitting DBP ≤100 mm Hg and decreased from baseline by at least 10 mm Hg) Primary:	Secondary: Significantly greater reductions in sitting SBP were observed at study endpoint in the eprosartan plus HCTZ group compared to the eprosartan monotherapy group (<i>P</i> =0.001). No significant difference was observed between groups in the proportion of patients whose sitting DBP had normalized (<i>P</i> =0.10). The response rate was significantly higher in the eprosartan plus HCTZ group compared to the eprosartan monotherapy group (<i>P</i> =0.004). Primary:
(INSIST) Eprosartan/HCTZ 600/12.5 mg QD vs losartan/HCTZ 50/12.5 mg QD	PC, RCT Patients 60 years of age and older meeting the World Health Organization criteria for grade 2 systolic HTN	6 weeks	Mean change from end of wash-out period to the end of combination therapy in ABPM SBP Secondary: Pulse pressure, SBP at daytime, SBP at nighttime, SBP in the last four hours before taking study medication, hourly SBP, response rate	No significant difference was observed between the eprosartan and losartan groups in mean change in ABPM SBP (<i>P</i> ≥0.075). Secondary: No significant differences were observed between groups in any secondary endpoints.
Neutel et al ²⁶ Irbesartan 150 mg for 1 week with forced titration to 300 mg monotherapy for 6 weeks vs	AC, DB, MC, PRO, RCT Patients 18 years of age and older with severe HTN who were untreated (seated DBP ≥110	N=737 7 weeks	Primary: Proportion of patients with DBP <90 mm Hg at week five Secondary: Proportion of patients who achieved seated	Primary: Significantly more patients on combination therapy achieved seated DBP <90 mm Hg at week five compared to monotherapy (47.2 vs 33.2%; <i>P</i> =0.0005). Secondary: Significantly more patients attained SBP/DBP <140/90 mm Hg at week five (34.6 vs 19.2%, respectively; <i>P</i> <0.0001), while the mean





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
irbesartan/HCTZ 150/12.5 mg for 1 week then forced titration to irbesartan/HCTZ 300/25 mg for 6 weeks	mm Hg) or currently receiving antihypertensive monotherapy with DBP ≥100 mm Hg		SBP/DBP <140/90 mm Hg	difference between combination and monotherapy in seated DBP and SBP was 4.7 and 9.7 mm Hg, respectively (<i>P</i> <0.0001). Greater and more rapid BP reduction with irbesartan/HCTZ was achieved without additional side effects.
Neutel ²⁷ Irbesartan/HCTZ 300/25 mg QD vs irbesartan 300 mg QD vs HCTZ 25 mg QD	AC, DB, PG, PRO, RCT Patients (mean age 55 years) with moderate HTN (seated SBP 160 to 179 mm Hg when DBP <110 mm Hg; or DBP 100 to 109 mm Hg when SBP <180 mm Hg)	N=538 12 weeks	Primary: Change in SBP after week eight Secondary: Change from baseline in DBP at weeks eight and 12, SBP at week 12, proportion of responders (SBP <140 mm Hg and DBP <90 mm Hg) at weeks eight and 12	 Primary: At week eight, there was a reduction in SBP of 27.1 mm Hg with irbesartan/HCTZ compared to 22.1 mm Hg with irbesartan monotherapy (<i>P</i>=0.0016) and 15.7 mm Hg with HCTZ (<i>P</i><0.0001). Secondary: At week eight, there was a reduction in DBP of 14.6 mm Hg with irbesartan/HCTZ compared to 11.6 mm Hg with irbesartan monotherapy (<i>P</i>=0.0013) and 7.3 mm Hg with HCTZ (<i>P</i><0.0001). A significantly greater percentage of patients reached a treatment goal of SBP <140 mm Hg and DBP <90 mm Hg by week eight with irbesartan/HCTZ (53.4%) compared to irbesartan (40.6%; <i>P</i>=0.0254) and HCTZ (20.2%; <i>P</i><0.0001) alone. Treatment was well tolerated in all three treatment groups with a slight increase in adverse events in the combination therapy group.
Weir et al ⁵² Irbesartan/HCTZ 300/25 mg QD Post hoc pooled analysis of 2 RCTs.	AC, DB, MC, RCT Patients with stage 1 or 2 HTN Patients were evaluated according to age presence or absence of obesity, type 2 diabetes, and high World Health Organization-	N=796 7 to 8 weeks	Primary: Antihypertensive efficacy, tolerability Secondary: Not reported	Primary: SBP/DBP reductions (27 to 31/16 to 22 mm Hg) were similar regardless of age, obesity and type 2 diabetes status and were greater in high- vs low-risk patients. Dizziness (2.0 to 3.7%), hypotension (0 to 0.7%), and syncope (0%) were rare and not centered in any subgroup. There was no hypotension in the elderly or in patients with type 2 diabetes. Secondary: Not reported





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
	defined cardiovascular risk			
Bobrie et al ⁴⁵ Irbesartan/HCTZ 150/12.5 mg QD vs valsartan/HCTZ 80/12.5 mg QD	OL, PRO, RCT, blinded-end point Patients whose BP remained uncontrolled after 5 weeks of HCTZ 12.5 mg QD	N=464 8 weeks	Primary: BP reductions, safety Secondary: Not reported	Primary: Irbesartan/HCTZ produced greater reductions in average SBP and DBP measured by home BP monitoring than valsartan/HCTZ (SBP, - 13.0 vs -10.6 mm Hg; <i>P</i> =0.0094; DBP, -9.5 vs -7.4 mm Hg; <i>P</i> =0.0007). These differences were more pronounced in the morning than in the evening. Normalization rates observed with home BP monitoring (SBP <135 mm Hg and DBP <85 mm Hg) were significantly greater with
Colorea et el ²⁸		N-505	Drimory	irbesartan/HCTZ than with valsartan/HCTZ (50.2 vs 33.2%; <i>P</i> =0.0003). The overall safety was similar in the two groups. Secondary: Not reported
Salerno et al ²⁸ Losartan/HCTZ 50/12.5 mg to 100/25 mg/day	DB, RCT Patients with severe HTN	N=585 6 weeks	Primary: Proportion of patients achieving goal BP Secondary:	Primary: Almost twice as many patients achieved goal BP at four weeks on losartan/HCTZ 50/12.5 mg vs losartan 50 to 100 mg monotherapy (<i>P</i> =0.002).
vs losartan 50 to 100 mg/day			Adverse events	Almost three times as many patients achieved goal BP at six weeks with losartan/HCTZ vs losartan monotherapy (<i>P</i> <0.001).
Doses were titrated as needed at 2-week intervals to reach goal BP (<90 mm Hg).				Secondary: Adverse experiences on losartan/HCTZ (43%) were significantly less than with losartan monotherapy (53%).
Minami et al ⁵³ Losartan 50 mg plus HCTZ	OL Japanese	N=15 12 months	Primary: Changes in BP	Primary: In patients who had previously received candesartan, 24-hour BP decreased significantly from 137/89 to 126/81 mm Hg after three
12.5 mg QD	outpatients with essential HTN	12 1101110	Secondary: Not reported	months (P <0.05/ P <0.001) and to 123/81 mm Hg after 12 months (P <0.01/ P <0.001) of treatment with losartan plus HCTZ.





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
Candesartan 8 mg QD (n=10) or amlodipine 5 mg QD (n=5) administered to all patients for 2 months prior to switch to losartan plus HCTZ. Lacourcière et al ⁴⁶ Losartan/HCTZ 50/12.5 mg QD vs telmisartan/HCTZ 40/12.5 mg QD vs telmisartan/HCTZ 80/12.5 mg QD	treated for at least 2 months with either candesartan or amlodipine and 24-hour ambulatory BP ≥135/80 mm Hg DB, MC, OL, RCT, blinded-end point trial Patients 18 years of age and older with mild-to- moderate essential HTN	N=597 6 weeks	Primary: Mean changes in ambulatory DBP Secondary: Mean changes in ambulatory SBP, 24- hour DBP, safety	In patients who had previously received amlodipine, 24-hour BP decreased significantly from 137/81 to 125/75 mm Hg after three months (<i>P</i> <0.05/ <i>P</i> <0.05) and to 124/77 mm Hg after 12 months (<i>P</i> <0.05/ <i>P</i> value not significant) of treatment with losartan plus HCTZ. There were significant decreases in SBP during the daytime, nighttime and early morning after 12 months in both groups. No adverse changes in the indices of glucose or lipid metabolism were observed in either group. Secondary: Not reported Primary: During the last six hours of the dosing interval, telmisartan/HCTZ 40/12.5 and 80/12.5 mg reduced mean DBP to a greater extent vs losartan/HCTZ 50/12.5 mg. Treatment differences between the groups were 1.8 (<i>P</i> <0.05) and 2.5 mm Hg (<i>P</i> <0.001) lower, respectively, with the telmisartan/HCTZ 40/12.5 and 80/12.5 mg produced greater reductions in ambulatory SBP vs losartan/HCTZ 50/12.5 mg of 2.5 and 3.4 mm Hg, respectively, during the last six hours of the dosing interval (<i>P</i> <0.05). Telmisartan/HCTZ 80/12.5 mg also lowered mean 24-hour DBP by 2.3 mm Hg more than losartan/HCTZ 50/12.5 mg (<i>P</i> <0.001). All treatments were well tolerated.
Chrysant et al ²⁹ Olmesartan 10, 20 or 40 mg QD	DB, RCT Patients with a baseline mean	N=502 8 weeks	Primary: Change in DBP at week eight	Primary: Olmesartan/HCTZ produced greater reductions in seated DBP at week eight than did monotherapy with either component.





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
vs HCTZ 12.5 or 25 mg QD vs olmesartan/HCTZ (all possible combinations of doses used in monotherapy) vs placebo	seated DBP of 110 to 115 mm Hg		Secondary: Change in SBP at week eight	All olmesartan/HCTZ combinations significantly reduced DBP compared to placebo in a dose-dependent manner. Reductions in mean trough DBP were 8.2, 16.4 and 21.9 mm Hg with placebo, olmesartan/HCTZ 20/12.5 mg and olmesartan/HCTZ 40/25 mg, respectively. Secondary: Olmesartan/HCTZ produced greater reductions in seated SBP at week eight than did monotherapy with either component. All olmesartan/HCTZ combinations significantly reduced DBP compared to placebo in a dose-dependent manner. Reductions in mean trough SBP were 3.3, 20.1 and 26.8 mm Hg with placebo, olmesartan/HCTZ 20/12.5 mg and olmesartan/HCTZ 40/25 mg, respectively.
Kereiakes et al ⁵⁴ Olmesartan 20 mg/day for 2 weeks, followed by 40 mg/day for 2 weeks, followed by olmesartan/HCTZ 40/12.5 mg/day for 4 weeks; increased to 40/25 mg for 4 weeks vs benazepril 10 mg/day for 2 weeks, followed by 20 mg/day for 2 weeks, followed by benazepril 20 mg/day plus amlodipine 5	DB, DD, MC, PG, RCT Patients with stage 2 HTN	N=190 12 weeks	Primary: Change in mean seated SBP at the end of week 12 Secondary: DBP at the end of week 12, percent of patients attaining BP goals of <140/90, <130/85 and <130/80 mm Hg	All treatments were well tolerated. Primary: Patients treated with olmesartan/HCTZ experienced significantly greater reductions in mean seated SBP at week 12 than patients treated with benazepril plus amlodipine (least square mean change, - 32.5 vs -26.5 mm Hg; <i>P</i> =0.024; least square mean treatment difference, -6.0 mm Hg; 95% CI, -11.1 to -0.8). Secondary: The least square mean change for reduction in DBP approached statistical significance with olmesartan/HCTZ compared to benazepril plus amlodipine at week 12 (<i>P</i> =0.056). The percentage of patients achieving goal rates at the end of the study for olmesartan/HCTZ and benazepril plus amlodipine were 66.3 and 44.7% (<i>P</i> =0.006) for <140/90 mm Hg, 44.9 and 21.2% (<i>P</i> =0.001) for <130/85 mm Hg and 32.6 and 14.1% (<i>P</i> =0.006) for <130/80 mm Hg. Both treatments were well tolerated.





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
mg/day for 4 weeks, followed by benazepril 20 mg/day plus amlodipine 10 mg/day for 4 weeks				
Braun et al ⁵⁵ Olmesartan 20 mg plus amlodipine 10 mg QD If patients were uncontrolled after 4 weeks, they were changed to valsartan/amlodipine 160/10 mg QD.	OL, PRO Patients with DBP 100 to 109 mm Hg	N=257 8 weeks	Primary: Reduction in SBP and DBP Secondary: Adverse events	Primary: Following treatment with olmesartan plus amlodipine, SBP/DBP decreased by 19.2±12.4/14.4±7.4 mm Hg. The number of patients who progressed to treatment with valsartan/amlodipine was 175. Additional reductions in SBP and DBP of 7.9 and 3.9 mm Hg were seen (<i>P</i> <0.0001 for both). Secondary: Both treatments were well tolerated and reported adverse events were
Chrysant et al (COACH) ³⁰ Olmesartan 10, 20 or 40 mg QD vs amlodipine 5 or 10 mg QD vs olmesartan 10 to 40 mg plus amlodipine 5 to 10 mg QD (all possible combinations) vs placebo	DB, MC, PC, RCT Patients 18 years of age and older with seated DBP 95 to 120 mm Hg	N=1,940 8 weeks	Primary: Change from baseline in seated DBP at week eight Secondary: Change from baseline in seated SBP at week eight; mean change from baseline in seated DBP and SBP at weeks two, four, six and eight without last observation carried forward; proportion of patients achieving BP goal (<140/90 or <130/80 mm Hg), safety	consistent with drug profiles.Primary:All active treatments and placebo resulted in significant decreases in seated DBP at week eight (P <0.001). Reductions in seated DBP with monotherapy treatment ranged from -8.3 to -12.7 mm Hg; reductions with combination therapy ranged from -13.8 to -19.0 mm Hg. All combinations reduced seated DBP significantly greater than either component as monotherapy at the same dosage (P <0.001).





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
Oparil et al (COACH secondary analysis) ⁵⁶ Olmesartan 10, 20 or 40 mg QD vs amlodipine 5 or 10 mg QD vs olmesartan 10 to 40 mg plus amlodipine 5 to 10 mg QD (all possible combinations) vs placebo	DB, factorial, MC, PC, RCT Patients 18 years of age and older with seated DBP 95 to 120 mm Hg, with a subgroup analysis based on HTN (stage 1: SBP 140 to 159 mm Hg or DBP 90 to 99 mm Hg; stage 2: SBP ≥160 mm Hg or DBP ≥100 mm Hg) and no prior antihypertensive medication	N=1,940 8 weeks	Primary: Mean change in DBP and SBP at week eight for each subgroup Secondary: Proportion of patients achieving BP goal (<140/90 or <130/80 mm Hg)	No difference in overall rates of adverse events across the different treatment groups was seen. The proportion of patients who experienced a drug-related adverse event was 26.9%. Changes in laboratory values were not considered clinically significant nor followed a consistent pattern with treatment. Platelet counts increased significantly from baseline for patients receiving amlodipine, however; the increase was <10% and not deemed clinically relevant (<i>P</i> value not reported). Primary: Reductions in mean DBP as a result of combination treatment were similar between subgroups. Patients with stage 1 HTN achieved reductions of 14.8 to 15.8 mm Hg and patients with stage 2 HTN achieved reductions of 13.6 to 19.8 mm Hg. Reductions in mean SBP as a result of combination treatment resulted in greater reductions in patients with stage 2 HTN (25.1 to 32.7 mm Hg) compared to stage 1 HTN (17.7 to 23.7 mm Hg) (<i>P</i> values not reported). Reductions in mean DBP and SBP were similar between those with no prior antihypertensive treatment and those with prior hypertensive treatment. Secondary: The proportion of patients with stage 1 HTN who received combination treatment and achieved BP goal was 65.6 to 80.0%, compared to 40.5 to 66.7% of those who received monotherapy (<i>P</i> <0.0001 across treatments). The proportion of patients with stage 2 HTN who received combination treatment and achieved BP goal was 40.5 to 49.2%, compared to 13.1 to 29.2% of those who received monotherapy (<i>P</i> <0.0001). Results of patients with baseline SBP ≥180 mm Hg were similar to other subgroups.
Littlejohn et al ⁵⁷	DB, DD, MC, PC,	N=1,461	Primary:	Primary:





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
Telmisartan 20 to 80 mg or placebo plus amlodipine 2.5 to 10 mg or placebo (all possible combinations)	PG, RCT Patients 18 years of age and older with stage 1 or 2 HTN (DBP ≥95 and ≤119 mm Hg)	8 weeks	Change in DBP Secondary: Change in SBP, percent of patients achieving DBP response (DBP <90 mm Hg or decrease in DBP of ≥10 mm Hg), percent of patients achieving SBP response (SBP <140 mm Hg or decrease in SBP of ≥15 mm Hg), percent of patients achieving BP control (<140/<90 mm Hg), percent of patients achieving DBP control (<90 mm Hg), adverse events/safety	All doses of telmisartan, regardless of amlodipine dose and all doses of amlodipine, regardless of telmisartan dose, significantly lowered DBP (<i>P</i> <0.0001 for all). Secondary: Amlodipine 10 mg plus telmisartan 80 mg resulted in the greatest reduction in BP, 26.4/20.1 mm Hg (<i>P</i> <0.005 vs both monotherapy). The proportion of patients receiving combination therapy who achieved a DBP response was 80.0 to 92.5%. Additionally, 52.1 to 85.5% of patients receiving monotherapy achieved a DBP response (<i>P</i> values not reported). The proportion of patients receiving combination therapy who achieved a SBP response was 76.1 to 91.9%. Additionally, 47.9 to 82.3% of patients receiving monotherapy achieved a SBP response (<i>P</i> values not reported). The proportion of patients receiving combination therapy who achieved BP control was 51.1 to 76.5%. Additionally, 25.0 to 62.9% of patients receiving monotherapy achieved BP control (<i>P</i> values not reported). The proportion of patients receiving combination therapy who achieved BP control was 51.1 to 76.5%. Additionally, 33.3 to 73.4% of patients receiving monotherapy achieved BP control (<i>P</i> values not reported). The proportion of patients receiving combination therapy who achieved DBP control was 64.4 to 85.3%. Additionally, 33.3 to 73.4% of patients receiving monotherapy achieved DBP control (<i>P</i> values not reported). The percent of patients reporting adverse events were similar between treatment groups and placebo (<i>P</i> values not reported). The most commonly reported adverse events were headache and peripheral edema. The highest incidence of peripheral edema occurred in patients treated with amlodipine 10 mg; this rate decreased when amlodipine was used in combination with telmisartan.
Littlejohn et al ³¹	DB, DD, MC, PC, PG, RCT	N=1,078	Primary: Change in DBP from	Primary: Significant reductions in DBP were seen from baseline to study end for





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
Telmisartan 40 mg plus amlodipine 5 mg, dosing frequency not specified vs telmisartan 40 mg plus amlodipine 10 mg, dosing frequency not specified vs telmisartan 80 mg plus amlodipine 5 mg, dosing frequency not specified vs telmisartan 80 mg plus amlodipine 10 mg, dosing frequency not specified vs telmisartan 80 mg plus amlodipine 10 mg, dosing frequency not specified vs	Patients 18 years of age and older with stage 1 or 2 HTN (DBP ≥95 and ≤119 mm Hg), with a subgroup analysis including patients with DBP ≥100 mm Hg at baseline	8 weeks	baseline to study end point Secondary: Change from baseline to study end in SBP; percent of patients achieving a DBP response (DBP <90 mm Hg) and SBP response (SBP <140 mm Hg or reduction from baseline ≥15 mm Hg); percent of patients achieving BP control (SBP/DBP <140/<90 mm Hg) and DBP control (<90 mm Hg), safety	 both dual therapy and monotherapy (<i>P</i> values not reported). Amlodipine 5 and 10 mg with telmisartan 40 and 80 mg significantly reduced DBP compared to respective monotherapies (<i>P</i> values not reported). Secondary: Amlodipine 5 and 10 mg with telmisartan 40 and 80 mg significantly reduced SBP compared to respective monotherapies (<i>P</i> values not reported). Combination therapy resulted in a greater DBP and SBP response than monotherapy (<i>P</i> values not reported). The highest rate of BP control was achieved with amlodipine 10 mg plus telmisartan 80 mg. Rates of adverse events were similar between dual therapy and monotherapy. Incidences of adverse events were 4.40% with telmisartan monotherapy, 11.00% with amlodipine monotherapy and 11.75% with combination therapy. The most commonly reported events were headache and peripheral edema. Patients receiving amlodipine 10 mg had the highest incidence of peripheral edema; however, rates were lower when amlodipine was used in combination with telmisartan.
Sharma et al ³² Telmisartan/amlodipine 40/5 mg QD vs amlodipine 5 mg QD	DB, MC, PRO, RCT Patients 18 to 65 years of age with stage 2 HTN (SBP/DBP 160 to 179/100 to 109 mm	N=210 12 week	Primary: Reduction in SBP/DBP from baseline to study end and number of responders (SBP/ DBP <130/<80 mm Hg) at end of the	 Primary: Significant reductions from baseline in SBP were found in both groups. Combination treatment reductions were 176.3 to 128.0 mm Hg, and amlodipine reductions were 171.8 to 143.4 mm Hg (<i>P</i><0.05 for both treatments from baseline). At week 12, the mean percent reduction in SBP from baseline was significantly greater for the combination treatment (27.4%) than





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
	Hg)		study Secondary: Tolerability	 amlodipine (16.6%) (<i>P</i><0.005 between and within groups). At week 12, the mean percent reduction in DBP from baseline was significantly greater for the combination treatment (20.2%) than amlodipine (12.7%) (<i>P</i><0.005 between and within groups). Significantly more patients receiving combination treatment were qualified as responders (87.3% for combination treatment vs 69.3% for amlodipine treatment; <i>P</i><0.05). Secondary: All adverse events were mild to moderate in severity and rates did not differ between treatment groups. The most commonly reported adverse events in the amlodipine/telmisartan group were peripheral edema (nine/106), headache (six/106), dizziness and cough (four/106 each) and diarrhea (two/106) (<i>P</i> values not reported). The most commonly reported adverse events in the amlodipine group were peripheral edema (14/104), headache (five/104), dizziness and diarrhea (three/104 each) (<i>P</i> values not reported).
Fogari et al ⁵⁸ Telmisartan/amlodipine 80 to 160/2.5 mg, dosing frequency not specified vs telmisartan/amlodipine 40/2.5 to 10 mg, dosing frequency not specified Patients added clonidine 0.1 mg/day if BP >130/>80 mm Hg after 16 weeks.	PRO, dose titration study Patients 35 to 70 years of age with essential HTN, controlled type 2 diabetes and microalbuminuria (>30 and <300 mg/24 hours)	N=210 48 weeks	Primary: Changes in proteinuria and BP Secondary: Not reported	 Primary: Microalbuminuria was significantly reduced from baseline as a result of both combination therapies, with reductions significantly more marked in patients receiving fixed-dose amlodipine with increasing doses of telmisartan. Patients treated with telmisartan 80, 120 and 160 mg plus fixed-dose amlodipine 2.5 mg achieved significantly greater reductions in microalbuminuria (62.9, 86.5 and 102.0 mg/day, respectively) compared to those receiving fixed-dose telmisartan 40 mg plus amlodipine dose ranging therapy (<i>P</i><0.05, <i>P</i><0.01 and <i>P</i><0.001, respectively). Patients treated with amlodipine 2.5, 5, 7.5 and 10 mg plus telmisartan 40 mg had reductions in microalbuminuria of 35.1, 46.2, 50.0 and 45.0 mg/day (<i>P</i><0.05, <i>P</i><0.03, <i>P</i><0.03 and <i>P</i><0.03, respectively from baseline). Low dose amlodipine/high dose telmisartan and high dose amlodipine/





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
Destro et al ³³ (abstract- EX-EFFeCTS) Valsartan/amlodipine 160/5 mg QD for 2 weeks, followed by force titration to 160/10 mg QD for 6 additional weeks vs amlodipine 5 mg QD for 2 weeks, followed by force titrated to 10 mg QD for 6 additional weeks HCTZ was added on at week 4 if mean sitting SBP was ≥130 mm Hg.	DB, MC, RCT Patients 18 years of age and older with stage 2 HTN	N=646 8 week	Primary: Mean sitting SBP Secondary: Mean sitting SBP in patients with baseline mean sitting SBP ≥180 mm Hg, BP control	low dose telmisartan produced similar reductions in SBP and DBP. Low dose amlodipine/high dose telmisartan and high dose amlodipine/low dose telmisartan, for all dose ranges, significantly reduced BP compared to baseline (P <0.01 from baseline). Changes in weight, creatinine clearance, plasma potassium, fasting glycemia and HbA _{1c} were not significantly influenced (P values not reported). Secondary: Not reported Primary: At week four, significantly greater reductions in mean sitting SBP were observed in the valsartan/amlodipine group compared to the amlodipine monotherapy group (P <0.0001). Secondary: For patients with baseline mean sitting SBP ≥180 mm Hg, significantly greater reductions in mean sitting SBP were observed in the valsartan/amlodipine group compared to the amlodipine monotherapy group (P =0.0018). Differences favoring valsartan/amlodipine were observed for BP control (P value not reported).
Destro et al ⁴⁰ Valsartan/amlodipine 160/5 mg QD for 2 weeks, followed by force titration to 160/10	Post-hoc analysis of EX-EFFeCTS ³⁰ Patients 18 years of age and older	N=646 8 week	Primary: Mean sitting SBP and mean sitting DBP from baseline to week eight and week	Primary: At each post-baseline measurement, patients in the valsartan/amlodipine plus HCTZ triple therapy group achieved significantly greater BP reduction compared to the amlodipine plus HCTZ group ($P \le 0.0012$).





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
mg QD for 6 additional weeks vs amlodipine 5 mg QD for 2 weeks, followed by force titrated to 10 mg QD for 6 additional weeks HCTZ was added on at week 4 if mean sitting SBP was ≥130 mm Hg.	with stage 2 HTN who required HCTZ therapy at week 4		four to week eight, BP control rate at week eight Secondary: Not reported	A higher proportion of patients in the initial valsartan/amlodipine group achieved BP control with the addition of HCTZ compared to those in the initial amlodipine monotherapy group (37.7 and 15.4% respectively; <i>P</i> value not reported). Secondary: Not reported
Philipp et al ³⁴ Valsartan 40 to 320 mg QD vs amlodipine 2.5 to 5 mg QD vs valsartan 40 to 320 mg plus amlodipine 2.5 to 5 mg QD vs placebo	DB, MC, PC, PG, RCT Patients 18 years of age and older with HTN (mean sitting DBP ≥95 and <110 mm Hg)	N=1,911 8 weeks	Primary: Mean sitting DBP Secondary: Change in mean sitting SBP, response rate (proportion of patients with mean sitting DBP <90 mm Hg or a ≥10 mm Hg reduction from baseline), control rate (proportion of patients with mean sitting DBP <90 mm Hg), adverse events	 Primary: All treatments significantly decreased mean sitting DBP from baseline (<i>P</i><0.05). Combination treatment resulted in significantly greater BP reduction than either monotherapy (<i>P</i><0.05 for all combinations compared to respective doses of monotherapy except amlodipine 2.5 mg and valsartan 40 mg). Secondary: All treatments significantly decreased mean sitting SBP from baseline (<i>P</i><0.05). Combination treatment resulted in a significantly greater BP reduction than either monotherapy (<i>P</i><0.05 for all combinations compared to respective doses of monotherapy). Response rates were significantly different from placebo for all treatment groups (<i>P</i><0.05). Response rates for combination products were significantly different than each monotherapy for the following combinations: amlodipine 5 mg plus valsartan 80 mg, amlodipine 5 mg plus valsartan 40 mg and





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
				amlodipine 2.5 mg plus valsartan 80 mg (<i>P</i> <0.05 for each combination compared to both monotherapies).
				Response rates for all combinations produced significant improvement compared to either one of the monotherapies except amlodipine 2.5 mg plus valsartan 40 mg (P <0.05 for each combination compared to one of the respective monotherapies).
				Control rates with therapy were significantly better than placebo, with the highest control rate achieved with amlodipine 5 mg plus valsartan 320 mg (P <0.05 compared to placebo, P value not reported for others).
				Adverse event rates were not significantly different among combination treatment, amlodipine treatment and placebo.
				Adverse event rates were significantly different between amlodipine plus valsartan and valsartan monotherapy (<i>P</i> <0.05).
				The most commonly reported adverse events for combination treatment were: peripheral edema, headache, nasopharyngitis, upper respiratory tract infection and dizziness. Peripheral edema occurred significantly less frequently in the combination treatment group than the amlodipine monotherapy group (5.4 vs 8.7%; P =0.014) and significantly more frequently than in the valsartan monotherapy group (5.4 vs 2.1%; P <0.001). Peripheral edema occurrence in the valsartan group was similar to the rate in the placebo group.
Philipp et al ³⁷ Valsartan 160 to 320 mg QD	DB, MC, PC, PG, RCT	N=1,250 8 weeks	Primary: Mean sitting DBP	Primary: Mean sitting DBP was significantly reduced for both combinations as compared to the individual components and to placebo (<i>P</i> <0.05).
Vs	Patients 18 years of age and older with HTN (mean	0 10010	Secondary: Change in mean sitting SBP, response	Secondary: Response rates and control rates for combination treatments were
amlodipine 10 mg QD	sitting DBP ≥95 and <110 mm Hg)		rate (proportion of patients with mean	significantly greater than valsartan monotherapy therapy and placebo therapy (P <0.05), but not different from amlodipine monotherapy.





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
vs valsartan 160 or 320 mg plus amlodipine 10 mg QD vs placebo			sitting DBP <90 mm Hg or a ≥10 mm Hg reduction from baseline), control rate (proportion of patients with mean sitting DBP <90 mm Hg), adverse events	Adverse event rates were not significantly different between combination treatment, amlodipine treatment and placebo. Adverse event rates were significantly different between combination treatment and valsartan treatment (<i>P</i> <0.05).
Flack et al ³⁶ Valsartan/amlodipine 160 to 320/5 to 10 mg QD vs amlodipine 5 to 10 mg QD HCTZ 12.5 mg was added at week 8, to either group, if SBP ≥130 mm Hg.	DB, PG, PRO, RCT African American patients with stage 2 HTN (SBP ≥160 and <200 mm Hg)	N=572 12 weeks	Primary: Change in SBP Secondary: Change in SBP for subgroups	Primary: At week eight, combination treatment reduced SBP significantly more than monotherapy (33.3 vs 26.6 mm Hg; <i>P</i> <0.0001). Secondary: Combination treatment reduced SBP significantly more than monotherapy in the following subgroups: patients ≥65 years, isolated systolic hypertension, BMI ≥30kg/m ² (<i>P</i> =0.002, <i>P</i> =0.01 and <i>P</i> <0.0001, respectively). More patients receiving combination therapy than monotherapy achieved BP control, <140/<90 mm Hg, at weeks eight and 12 (49.8 vs 30.2%; <i>P</i> <0.0001and 57.2 vs 35.9%; <i>P</i> <0.001).
Poldermans et al ⁵⁹ Valsartan 160 mg plus amlodipine 5 to 10 mg QD vs lisinopril 10 to 20 mg plus HCTZ 12.5 mg QD	AC, DB, MC, PG, RCT Patients 18 years of age and older with HTN (mean DBP ≥110 and <120 mm Hg)	N=130 6 weeks	Primary: Safety/adverse events, vital signs, hematology, biochemistry variables Secondary: Efficacy (mean DBP, response rate, proportion of patients with mean DBP <90 mm Hg or a ≥10 mm Hg reduction from baseline)	 Primary: Both treatments were well tolerated, 26 (40.6%) patients receiving valsartan plus amlodipine and 21 (31.8%) patients receiving lisinopril plus HCTZ reported an adverse event and most were not considered drug related (<i>P</i> value not reported). Peripheral edema was reported more often in the valsartan plus amlodipine group than the lisinopril plus HCTZ group (7.7 vs 1.5%) and cough was reported less often in the valsartan plus amlodipine group than the lisinopril plus HCTZ group (1.6 vs 3.0%) (<i>P</i> values not reported). No difference was found between the treatments in changes in laboratory values or biochemistry variables.





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
Fogari et al ⁶⁰ Valsartan/amlodipine 160/5 to 10 mg, dosing frequency not specified vs irbesartan/HCTZ 300/12.5 to 25 mg, dosing frequency not specified	Blind end endpoint, OL, PG, PRO, RCT Patients 75 to 89 years of age with moderate essential HTN (SBP ≥160, DBP>95 to <110 mm Hg)	N=94 24 weeks	Primary: Proportion of patients achieving DBP <90 mm Hg Secondary: Changes in ambulatory BP, lying and standing changes in BP, safety	Secondary: Both treatments resulted in significant reductions from baseline in mean SBP and DBP (P <0.0001 for both from baseline), but were not significantly different from each other (P value not reported). The mean BP for each group at study end was 135.0/83.6 mm Hg for valsartan plus amlodipine 138.7/85.2 mmHg for lisinopril plus HCTZ. The response rate was similar between the groups (100 vs 95.5%; P value not significant). Primary: The proportion of patients receiving valsartan/amlodipine and irbesartan/HCTZ who achieved BP <140/<90 mm Hg was 82.9 and 85.1% (P value not significant between groups). Secondary: Both treatment combinations resulted in a significant decrease in ambulatory BP without any differences between treatment groups (P <0.001 from baseline, P >0.05 between groups). Results were similar between groups for lying SBP/DBP but patients receiving irbesartan/HCTZ experienced greater changes in ambulatory BP than those receiving valsartan/amlodipine (17.2/9.0 vs 10.1/1.9 mm Hg; P <0.05 for SBP and P <0.01 for DBP). Changes from baseline in serum potassium (decrease) and uric acid (increase) were significant for those receiving irbesartan/HCTZ, but not valsartan/amlodipine (P <0.05 for irbesartan/HCTZ).
Calhoun et al ⁴¹ Valsartan 320 mg QD plus amlodipine 10 mg QD plus HCTZ 25 mg QD vs	DB, MC (multinational), PG, RCT Patients 18 to 85 years of age with moderate to severe HTN (mean	N=2,271 8 weeks	Primary: Change from baseline to end point in mean SBP and DBP Secondary: Change from	Primary: Reductions in mean SBP and DBP were greatest for triple therapy- treated patients (39.68 and 24.74 mm Hg) and were significantly greater than dual therapy-treated patients (<i>P</i> <0.0001 for all comparisons). Dual therapy-treated patients achieved BP reductions of 32.0/19.7 for valsartan plus HCTZ- (<i>P</i> <0.0001 for both SBP and DBP); 33.5/21.5 for





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
valsartan 320 mg plus HCTZ 25 mg QD	SBP/DBP 145 to 200/100 to 120 mm Hg)		baseline to weeks five, seven and nine in mean SBP and	amlodipine plus valsartan- (P <0.0001 for both SBP and DBP) and 31.5/19.5 mm Hg for amlodipine plus HCTZ-treated patients (P <0.0001 for both SBP and DBP).
VS			DBP, DBP control (<90 mm Hg), overall	Secondary:
valsartan 320 mg QD plus amlodipine 10 mg QD			BP control (mean <140/<90 mm Hg) rates at endpoint and	Reductions in mean SBP and DBP were greatest for triple therapy- treated patients and were significantly greater compared to dual therapy-treated patients at weeks five, seven and nine (<i>P</i> <0.0001 for
VS			at weeks five, seven and nine, safety	all comparisons).
amlodipine 10 mg plus HCTZ 25 mg QD			and mile, succy	Triple therapy-treated patients achieved significantly greater DBP control compared to dual therapy-treated patients ($P \le 0.0002$).
				After week three, significantly more triple therapy-treated patients achieved overall control (<140/90 mm Hg) compared to dual therapy-treated patients (<i>P</i> <0.0001 for all comparisons).
				Rates of control at trial endpoint were: 70.8, 48.3, 54.1 and 44.8% in triple therapy-, valsartan plus HCTZ-, amlodipine plus valsartan- and amlodipine plus HCTZ-treated patients (<i>P</i> values not reported).
				Most frequently reported adverse events were peripheral edema,
				dizziness and headache. Peripheral edema occurred more frequently in amlodipine plus HCTZ- (8.9%) and amlodipine plus valsartan- treated patients (8.5%) compared to triple therapy- (4.5%) or valsartan
				plus HCTZ-treated patients (0.9%). Dizziness occurred more frequently in triple therapy- (7.7%) and valsartan plus HCTZ-treated
				patients (7.0%) compared to amlodipine plus valsartan- (2.3%) or amlodipine plus HCTZ-treated patients (3.9%) (<i>P</i> values not reported).
Calhoun et al ⁴²	Secondary analysis of Calhoun et al ³⁷	N=2,271	Primary: Proportion and mean	Primary: The proportion of patients with mean SBP reductions ≥20 mm Hg was
Valsartan/amlodipine/HCTZ	or Calloull et al	8 weeks	SBP of patients with	greater with triple therapy than dual therapy at week three (74.5 vs
320/10/25 mg QD	Patients 18 to 85 years of age with		mean SBP reductions ≥60, ≥50, ≥40, ≥30	58.8 to 65.5%) and at study endpoint (87.6 vs 75.8 to 81.5%).
vs	moderate to severe HTN (mean		and ≥20 mm Hg at week three and at the	More patients who received triple therapy, as compared to dual therapy, achieved mean SBP reductions of ≥30, ≥40, ≥50 and ≥60 mm





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
valsartan 320 mg plus HCTZ	SBP/DBP		end of the study	Hg at week three and at study endpoint (<i>P</i> value not reported).
25 mg QD	≥145/≥100 mm Hg)		Secondary:	In patients with severe SBP (≥180 mm Hg), triple therapy resulted in
vs			Changes from baseline in mean	significantly greater reductions than those for each dual therapy at week three (P <0.01), except for amlodipine/valsartan (P =0.11).
valsartan/amlodipine 320/10 mg QD			SBP based upon baseline severity,	Secondary:
			SBP control rates,	Patients with higher baseline mean SBP had greater reductions in
VS			safety	mean SBP than those with lower baseline mean SBP. Changes in mean SBP were significantly greater for triple therapy than dual
amlodipine 10 mg plus HCTZ 25 mg QD				therapy for all baseline SBP (P <0.05), except for valsartan plus HCTZ and amlodipine plus HCTZ in patients with baseline mean SBP 150 to <160 mm Hg (P value not reported).
				Significantly more patients (91.8%) receiving triple therapy achieved
				SBP control (≥20 mm Hg reduction or mean SBP <140 mm Hg)
				compared to those receiving amlodipine plus HCTZ (80.1%), valsartan plus HCTZ (80.8%) or valsartan/amlodipine (85.7%) (<i>P</i> <0.01 for all).
				The overall incidence of adverse events was comparable across treatments, regardless of baseline BP severity.
Waeber et al ³⁷	OL, RCT	N=327	Primary:	Primary:
Valsartan 80 mg/day	Patients with mild-	4 weeks	Efficacy and safety	The two combinations produced an additional BP reduction compared to monotherapy (both <i>P</i> <0.001), with similar DBP reductions reported
switched to valsartan/HCTZ	to-moderate		Secondary:	for the two combination groups (-4.5 mm Hg with valsartan/HCTZ and
80/12.5 mg/day, or combination of valsartan 80	uncontrolled HTN (DBP ≥90) while on		Not reported	-3.3 mm Hg with valsartan/benazepril; <i>P</i> value not reported).
mg plus benazepril 10	valsartan			SBP reductions of -6.7 and -3.2 mm Hg with valsartan/HCTZ and
mg/day	monotherapy			valsartan/benazepril, respectively, were reported (P=0.1).
				At the end of the trial, the BP of the responders to valsartan monotherapy was lower than that of patients requiring combination therapy. Valsartan given alone or in association with HCTZ or benazepril was well tolerated.
				Secondary:





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
				Not reported
Schweizer et al ⁶¹ Valsartan/HCTZ 160/25 mg QD vs candesartan 32 mg plus HCTZ 25 mg QD	OL Hypertensive patients not adequately controlled by free combination of candesartan and HCTZ for 4 weeks	N=197 8 weeks	Primary: Reduction in mean sitting DBP between week four and eight Secondary: Reduction in mean sitting SBP between week four and eight	Primary: At baseline, DBP was 103.0 mm Hg. After four weeks of candesartan plus HCTZ, DBP decreased to 93.8 mm Hg (n=197). Subsequent treatment with valsartan/HCTZ for four additional weeks reduced DBP to 88.7 mm Hg (n=138). This represented an additional decrease in DBP of 5.1 mm Hg (<i>P</i> <0.0001). Secondary: The valsartan/HCTZ fixed-dose combination reduced SBP by 3.4 mm Hg (<i>P</i> =0.0029).
Fogari et al ⁶² Valsartan 160 mg plus amlodipine 5 mg QD vs losartan 100 mg plus amlodipine 5 mg QD	Blinded endpoint, PRO, RCT, XO Patients 35 to 75 years of age with sitting DBP ≥99 and <110 mm Hg	N=185 12 weeks	Primary: Average 24-hour, daytime and nighttime ambulatory SBP and DBP, averaged hourly SBP and DBP Secondary: Not reported	Primary: Significantly greater reductions in 24-hour, daytime and nighttime SBP and DBP were observed in the valsartan plus amlodipine group compared to the losartan plus amlodipine group (<i>P</i> <0.01). Hourly averaged SBP and DBP showed that BP reduction in both combination groups was more consistent than that observed with amlodipine monotherapy. Secondary: Not reported
Fogari et al ⁴⁷ Valsartan 160 mg plus HCTZ 12.5 mg QD vs olmesartan 20 mg plus HCTZ 12.5 mg QD	PG, PRO, RCT Hypertensive patients 35 to 75 years of age with DBP 90 to 110 mm Hg after 4 weeks of monotherapy on either valsartan or olmesartan	N=130 8 weeks	Primary: Changes in BP Secondary: Not reported	Primary: Both combinations induced a greater ambulatory BP reduction than monotherapy. However, mean reduction from baseline in the valsartan plus HCTZ-treated patients (-21.5/-14.6 mm Hg for 24 hours, -21.8/- 14.9 mm Hg for daytime and -20.4/-13.7 mm Hg for nighttime SBP/DBP) was greater than in the olmesartan plus HCTZ-treated patients (-18.8/-12.3 mm Hg for 24 hours, -19.3/-12.8 mm Hg for daytime and -17.4/-10.6 mm Hg for nighttime SBP/DBP). The difference between the effects of the two treatments was significant (P <0.01). Plasma concentrations of HCTZ were significantly greater with valsartan than with olmesartan at each determination time (P <0.05).





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
				Secondary:
White et al ⁴⁸ Valsartan 160 mg plus HCTZ 25 mg QD vs telmisartan 80 mg plus HCTZ 25 mg QD vs	DB, PC, RCT Hypertensive patients	N=1,181 8 weeks	Primary: Changes in DBP and SBP at eight weeks Secondary: Safety	Not reportedPrimary: Changes from baseline in BP following telmisartan plus HCTZ (-24.6/- 18.2 mm Hg) were significantly greater than both valsartan plus HCTZ (-22.5/-17.0 mm Hg; P=0.017 for SBP and P=0.025 for DBP) and placebo (-4.1/-6.1 mm Hg; P<0.0001).
placebo Sharma et al ⁵⁹ (SMOOTH) Valsartan 160 mg for 4 weeks plus HCTZ 12.5 mg for 6 weeks vs telmisartan 80 mg for 4 weeks plus HCTZ 12.5 mg for 6 weeks	MC, PRO, OL, RCT, blinded-end point Patients 30 years of age and older with mild-to- moderate HTN (mean seated SBP 140 to 179 mm Hg and/or DBP 95 to 109 mm Hg), with type 2 diabetes and BMI >27 kg/m2	N=840 10 weeks	Primary: Change in mean ambulatory SBP and DBP Secondary: Not reported	 Primary: At 10 weeks, telmisartan plus HCTZ provided significantly greater reductions in the last six hours of mean ambulatory BP (differences in SBP were 3.9 mm Hg; <i>P</i><0.0001 and differences in DBP were 2.0 mm Hg; <i>P</i>=0.0007). Telmisartan plus HCTZ also produced significantly greater reductions than valsartan plus HCTZ in 24-hour mean ambulatory BP (differences in SBP were 3.0 mm Hg; <i>P</i>=0.0002 and differences in DBP were 1.6 mm Hg; <i>P</i>=0.0006) and during morning, daytime and nighttime periods (<i>P</i><0.003). Both treatments were well tolerated. Secondary: Not reported
Conlin et al ³⁸ (PREVAIL) Candesartan 8 to 16 mg/day, irbesartan 150 to	MA Patients with HTN	N=11,281 Duration varied	Primary: Weighted average for SBP and DBP reduction with ARB monotherapy, dose	Primary: The absolute weighted-average reductions in DBP (8.2 to 8.9 mm Hg) and SBP (10.4 to 11.8 mm Hg) for ARB monotherapy were comparable for all ARBs (<i>P</i> value not reported). Responder rates for ARB monotherapy were 48% to 55%.





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
300 mg/day, losartan 50 to 100 mg/day and valsartan 80 to 160 mg/day vs			titration and with the addition of low-dose HCTZ were calculated; responder rates	Dose titration resulted in slightly greater BP reduction and an increase in responder rates of 53 to 63% (<i>P</i> value not reported). ARB and HCTZ combinations produced substantially greater
another ARB			Secondary: Not reported	reductions in SBP (16.1 to 20.6 mm Hg) and DBP (9.9 to 13.6 mm Hg) than ARB monotherapy (<i>P</i> value not reported). Responder rates for ARB and HCTZ combinations were 56 to 70% (<i>P</i> value not reported).
vs ARB plus low-dose HCTZ				The authors concluded that candesartan, irbesartan, losartan and valsartan produced comparable antihypertensive efficacy when administered at their recommended doses, a near flat dose response when titrating from starting to maximum recommended dose, and substantial potentiation of the antihypertensive effect with addition of HCTZ.
50				Not reported
Cushman et al ⁵⁰ Azilsartan/chlorthalidone 20/12.5 mg to 40/12.5 mg to 40/25 mg	AC, DB, MC, RCT Patients ≥ 18 years of age with primary hypertension	N=1,071 12 weeks	Primary: Change from baseline in trough, seated, clinic SBP at week 12	Primary: The percentage of patients who completed the study was similar for the azilsartan/chlorthalidone 40/25 mg (85%) and olmesartan/HCTZ (87%) groups, but lower for the azilsartan/chlorthalidone 80/25 mg group (78%).
vs azilsartan/chlorthalidone 40/12.5 mg to 80/12.5 mg to 80/25 mg vs			Secondary: Changes from baseline in clinic DBP, 24-hour mean SBP and DBP measured by ABPM, and other ABPM	Reductions in clinic SBP at week 12 in both azilsartan/chlorthalidone groups were statistically significantly greater than reductions achieved with olmesartan/HCTZ. The treatment difference was -5.3 mmHg, and favor of the azilsartan/chlorthalidone 40/25 mg (95% CI, (-7.6 to -3.1 mmHg; P<0.001) and -6.9 mmHg in favor of the azilsartan/chlorthalidone 80/25 mg group (95% CI, (-9.2 to -4.6; P<0.001). Statistically significant reductions in favor of both azilsartan/chlorthalidone ware also acon for clinic SPB at all of
Olmesartan/HCTZ 20/12.5 mg to 40/12.5 mg to 40/25 mg			parameters, including trough mean BP (22 to 24 hours post dosing).	azilsartan/chlorthalidone groups were also seen for clinic SBP at all of the other study visits (i.e., weeks 2, 4, 8, and 10). Secondary: Reductions in 24-hour mean and trough SBP by ABPM at week 12





Study and Drug Regimen	Study Design and	Sample Size and Study	End Points	Results
Each group, drug was force titrated regardless of BP at weeks 4 and 8.	Demographics	Duration		were also statistically significantly greater for both azilsartan/ chlorthalidone groups compared with the olmesartan/ HCTZ group (P<0.001 for each comparison) The percentage of patients who achieved an SBP of <140 mm Hg was statistically significantly greater with azilsartan/chlorthalidone 80/25 mg (87.3%) compared with olmesartan/HCTZ 40/25 mg (80.2%; P=0.007), but not significantly different for azilsartan/ chlorthalidone 40/25 mg (84.9%) compared to olmesartan/ HCTZ (P=0.08). Both azilsartan /chlorthalidone groups had statistically significantly more subjects reach an SBP of <130 or <120 mm Hg compared with the olmesartan/HCTZ group. Similarly, the percentage of patients who achieved a target BP of <140/90 mm Hg (81.4%, 83.9%, and 74.6%) or <130/80 mm Hg (56.1%, 60.6%, and 41.0%) was significantly greater in both azilsartan medoxomil/chlorthalidone
Fogari et al (abstract) ³⁹	MA of 11 RCT	N=7,563	Primary: Proportion of patients	groups than the olmesartan/HCTZ group (P values not reported). Primary: Triple combinations of ARBs (olmesartan or valsartan), calcium
Triple combination therapy of ARBs (olmesartan or valsartan), calcium channel	Hypertensive patients (age range not reported)	varies (not reported)	to reach blood pressure goals	channel blockers (amlodipine), and diuretics (HCTZ) at any dose provided more blood pressure reduction in office and 24-hour ambulatory measurements than any dual combination of these
blockers (amlodipine) and diuretics (HCTZ)	not reported)		Secondary: Not reported	molecules (P<.0001 for both). Significantly more patients achieved blood pressure targets with triple combinations (OR, 2.16; P<0.0001).
vs				Triple combinations did not increase adverse event risk (OR, 0.96; P=0.426).
Dual therapy of the same medications				Secondary:
				Not reported
Reduction in the Risk of Stro				
Dahlöf et al ⁶³	DB, DD, PG, RCT	N=9,193	Primary:	Primary:
(LIFE)	Patients 55 to 80	≥4 years	Composite of cardiovascular death,	SBP fell by 30.2 and 29.1 mm Hg in the losartan and atenolol groups, respectively (treatment difference; <i>P</i> =0.017) and DBP fell by 16.6 and
Losartan 50 to 100 mg/day	years old with	24 years	MI and stroke	16.8 mm Hg, respectively (treatment difference; <i>P</i> =0.017) and DBP fell by 16.6 and 16.8 mm Hg, respectively (treatment difference; <i>P</i> =0.37). Mean arterial
plus HCTZ 12.5 to 25	essential HTN			pressure was 102.2 and 102.4 mm Hg, respectively (<i>P</i> value not
mg/day if needed for BP	(sitting SBP/DBP		Secondary:	significant). Heart rate decreased more in patients assigned to atenolol





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
control vs atenolol 50 to 100 mg/day, plus HCTZ 12.5 to 25 mg/day if needed for BP control	160 to 200/95 to 115 mm Hg) and LVH		All-cause mortality, hospitalization for angina or heart failure, revasculari- zation procedures, resuscitated cardiac arrest, new-onset diabetes	 than losartan (-7.7 vs -1.8 bpm, respectively; <i>P</i><0.0001). Compared to atenolol, the primary composite endpoint occurred in 13.0% fewer patients receiving losartan (RR, 0.87; 95% CI, 0.77 to 0.98; <i>P</i>=0.021). While there was no difference in the incidence of cardiovascular mortality (<i>P</i>=0.206) and MI (<i>P</i>=0.491), losartan treatment resulted in a 24.9% RRR in stroke compared to atenolol (<i>P</i>=0.001). Secondary: A 25% lower incidence of new-onset diabetes was reported with losartan compared to atenolol (<i>P</i>=0.001). There was no significant difference among the other secondary end points between the two treatment groups.
				Note: At end point or end of follow-up, 18 and 26% of patients on losartan were receiving HCTZ alone or with other drugs, respectively. In the atenolol group, 16 and 22% of patients were receiving HCTZ alone or with other drugs, respectively.
Julius et al ⁶⁴ Losartan 50 to 100 mg QD with HCTZ 12.5 to 25 mg QD if needed for BP control vs atenolol 50 to 100 mg QD, with HCTZ 12.5 to 25 mg QD if needed for BP control	Substudy of LIFE trial ⁵⁸ Patients 55 to 80 years of age with essential HTN (sitting SBP/DBP 160 to 200/95 to 115 mm Hg) and LVH	N=523 ≥4 years	Primary: Composite of cardiovascular death, MI and stroke Secondary: Not reported	 Primary: Compared to atenolol (11.2%), losartan in the United States African American population resulted in a greater incidence of the composite end point (17.4%; <i>P</i>=0.033). Hazard ratios favored atenolol across all parameters (<i>P</i>=0.246 for cardiovascular mortality, <i>P</i>=0.140 for MI and <i>P</i>=0.030 for stroke). In African American patients, BP reduction was similar in both groups, and regression of electrocardiographic-LVH was greater with losartan. Secondary: Not reported
Lindholm et al ⁶⁵ Losartan 50 to 100 mg QD	Substudy of LIFE trial ⁵⁸	N=1,195 ≥4 years	Primary: Composite of cardiovascular death,	Primary: Compared to atenolol, losartan resulted in a 24% decrease in the primary composite end point (<i>P</i> =0.031).





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
with HCTZ 12.5 to 25 mg QD if needed for BP control vs atenolol 50 to 100 mg QD, with HCTZ 12.5 to 25 mg QD if needed for BP control	Patients 55 to 80 years of age with essential HTN (sitting SBP/DBP 160 to 200/95 to 115 mm Hg) and LVH		MI and stroke Secondary: All-cause mortality	Losartan treatment resulted in a 37% risk reduction in cardiovascular deaths vs atenolol (<i>P</i> =0.028). Losartan treatment resulted in a 39% risk reduction in all-cause mortality vs atenolol (<i>P</i> =0.002). Mean BP fell to 146/79 mm Hg in losartan patients and 148/79 mm Hg in atenolol patients. Secondary: Mortality from all causes was 63 and 104 in the losartan and atenolol groups, respectively (RR, 0.61; <i>P</i> =0.002).
Kjeldsen et al ⁶⁶ Losartan 50 to 100 mg QD with HCTZ 12.5 to 25 mg QD if needed for BP control vs atenolol 50 to 100 mg QD, with HCTZ 12.5 to 25 mg QD if needed for BP control	Substudy of LIFE trial ⁵⁸ Patients 55 to 80 years of age with isolated systolic HTN (SBP of 160 to 200 mm Hg and DBP <90 mm Hg) and LVH	N=1,326 ≥4 years	Primary: Composite of cardiovascular death, MI and stroke Secondary: All-cause mortality	 Primary: Compared to atenolol, losartan resulted in a trend towards a 25% reduction in the primary end point (<i>P</i>=0.06). Losartan treatment resulted in a 46% risk reduction in cardiovascular mortality (<i>P</i>=0.01) and 40% risk reduction in stroke compared to atenolol (<i>P</i>=0.02). There was no difference in the incidence of MI. BP was reduced by 28/9 and 28/9 mm Hg in the losartan and atenolol arms. Secondary: Patients receiving losartan also had reductions in all-cause mortality (28%; <i>P</i><0.046).
Fossum et al ⁶⁷ Losartan 50 to 100 mg/day plus HCTZ 12.5 to 25 mg/day if needed for BP control vs	Substudy of LIFE trial ⁵⁸ Patients 55 to 80 years old with essential HTN (sitting SBP/DBP 160 to 200/95 to 115 mm Hg) and	N=81 3 years	Primary: Amount and density of atherosclerotic lesions in the common carotid arteries and carotid bulb Secondary:	Primary: The amount of plaque decreased in the losartan group and increased in the atenolol group, though the difference between groups was not statistically significant (P =0.471). Patients in the atenolol group had a greater increase in plaque index compared to the losartan group, though the difference between groups was not statistically significant (P =0.742).





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
atenolol 50 to 100 mg/day, plus HCTZ 12.5 to 25 mg/day if needed for BP control	LVH		Not reported	Secondary: Not reported
Kizer et al ⁶⁸ Losartan 50 to 100 mg/day plus HCTZ 12.5 to 25 mg/day if needed for BP control vs atenolol 50 to 100 mg/day, plus HCTZ 12.5 to 25 mg/day if needed for BP control	Substudy of LIFE trial ⁵⁸ Patients 55 to 80 years old with essential HTN (sitting SBP/DBP 160 to 200/95 to 115 mm Hg) and LVH	N=9,193 ≥4 years	Primary: Reduction in the risk of different stroke subtypes and neurological deficits Secondary: Not reported	Primary: The risk of fatal stroke was significantly decreased in the losartan group compared to the atenolol group (P =0.032). The risk of atherothrombotic stroke was significantly decreased in the losartan group compared to the atenolol group (P =0.001). Comparable risk reductions were observed for hemorrhagic and embolic stroke but did not reach statistical significance. The risk of recurrent stroke was significantly reduced in the losartan arm compared to the atenolol arm (P =0.017). The number of neurological deficits per stroke was similar (P =0.68), but there were fewer strokes in the losartan group for nearly every level of stroke severity. Secondary:
Wachtell et al ⁶⁹ Losartan 50 to 100 mg/day plus HCTZ 12.5 to 25 mg/day if needed BP control vs atenolol 50 to 100 mg/day, plus HCTZ 12.5 to 25 mg/day if needed for BP control	Substudy of LIFE trial ⁵⁸ Patients 55 to 80 years old with essential HTN (sitting SBP/DBP 160 to 200/95 to 115 mm Hg) and LVH	N=8,851 (patients in LIFE with no baseline history of AF but at risk for AF) ≥4 years	Primary: Incidence of new- onset AF and outcome Secondary: Not reported	Not reported Primary: Significantly fewer patients in the losartan group experienced new- onset AF compared to the atenolol group (<i>P</i> <0.001).





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
Wachtell et al ⁷⁰ Losartan 50 to 100 mg/day plus HCTZ 12.5 to 25 mg/day if needed for BP control vs atenolol 50 to 100 mg/day, plus HCTZ 12.5 to 25 mg/day if needed for BP control	Substudy of LIFE trial ⁵⁸ Patients 55 to 80 years old with essential HTN(sitting SBP/DBP 160 to 200/95 to115 mm Hg) and LVH	N=342 (LIFE patients with AF at the start of the LIFE study) ≥4 years	Primary: Cardiovascular morbidity and mortality Secondary: Not reported	in the losartan group (<i>P</i> =0.16). There was no significant difference in cardiovascular mortality between groups. In contrast, the atenolol group experienced significantly fewer hospitalizations for heart failure (<i>P</i> =0.004) and a trend toward fewer sudden cardiac deaths (<i>P</i> =0.07). Secondary: Not reported Primary: Patients with a history of AF had significantly higher rates of cardiovascular and all-cause mortality, fatal and non-fatal stroke, heart failure, revascularization and sudden cardiac death compared to patients without AF (<i>P</i> <0.001). Patients with a history of AF had similar rates of MI and hospitalization for angina pectoris (<i>P</i> ≥0.209). The primary composite endpoint of cardiovascular mortality, stroke and MI occurred in significantly fewer patients in the losartan group compared to the atenolol group (<i>P</i> =0.009). The difference in MI between groups was not significant. Treatment with losartan trended toward lower all-cause mortality (<i>P</i> =0.09) and fewer pacemaker implantations (<i>P</i> =0.065). Secondary: Not reported

Drug regimen abbreviations: QD=once daily

Study abbreviations: AC=active comparator, CI=confidence interval, DB=double-blind, DD=double dummy, MA=meta-analysis, MC=multicenter, OR-odds ratio, OL=open-label, PC=placebo-controlled, PG=parallel-group, PRO=prospective, RCT=randomized controlled trial

Miscellaneous abbreviations: ABPM=ambulatory blood pressure monitoring, AF=atrial fibrillation, ARB=angiotensin II receptor antagonist, BP=blood pressure, bpm=beats per minute, DBP=diastolic blood pressure, HbA_{1C}=hemoglobin A1C, HCTZ=hydrochlorothiazide, HTN=hypertension, LVH=left ventricular hypertrophy, MI=myocardial infarction, SBP=systolic blood pressure





Special Populations

Table 5. S	pecial Po	pulations ¹⁻¹³
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Table 5. Special Pop	Population and Precaution					
Generic Name	Elderly/ Children	Renal Dysfunction	Hepatic Dysfunction	Pregnancy Category	Excreted in Breast Milk	
Azilsartan/ chlorthalidone	No dosage adjustment required in the elderly population. Safety and efficacy in children have not been established.	No dosage adjustment required.	No dosage adjustment required in mild to moderate hepatic impairment.	D	Unknown	
Candesartan/HCTZ	No dosage adjustment required in the elderly population. Safety and efficacy in children have not been established.	No dosage adjustment required.	Consider lower starting dose of 8 mg in patients with moderate hepatic impairment.	C (first trimester) D (second and third trimester)	Unknown	
Eprosartan/HCTZ	No dosage adjustment required in the elderly population. Safety and efficacy in children have not been established.	No dosage adjustment required.	No dosage adjustment required.	C (first trimester) D (second and third trimester)	Unknown	
Irbesartan/HCTZ	No dosage adjustment required in the elderly population. Safety and efficacy in children have not been established.	No dosage adjustment required.	No dosage adjustment required.	D	Unknown	
Losartan/HCTZ	No dosage adjustment required in the elderly population. Safety and efficacy in children have not been established.	No dosage adjustment required.	Not recommended in hepatic impairment.	C (first trimester) D (second and third trimester)	Unknown	
Olmesartan/HCTZ	No dosage adjustment required in the elderly population. Safety and efficacy in children have not been established.	No dosage adjustment required.	No dosage adjustment required.	C (first trimester) D (second and third trimester)	Unknown	
Telmisartan/HCTZ	No dosage	No dosage	Not	С	Unknown	




		Population	and Precaution		
Generic Name	Elderly/ Children	Renal Dysfunction	Hepatic Dysfunction	Pregnancy Category	Excreted in Breast Milk
	adjustment required in the elderly population. Safety and efficacy in children have not been established.	adjustment required.	recommended in severe hepatic impairment.	(first trimester) D (second and third trimester)	
Valsartan/HCTZ	No dosage adjustment required in the elderly population. Safety and efficacy in children have not been established.	No dosage adjustment required.	No dosage adjustment required.	D	Unknown
Olmesartan/ amlodipine	No dosage adjustment required in the elderly population. Initial therapy is not recommended in patients ≥75 years of age. Safety and efficacy in children have not been established.	No dosage adjustment required.	Use caution in patients with severe hepatic impairment. Initial therapy is not recommended in hepatically impaired patients.	C (first trimester) D (second and third trimester)	Unknown
Olmesartan/ amlodipine/HCTZ	No dosage adjustment required in the elderly population. Safety and efficacy in children have not been established.	No dosage adjustment required.	Initiate starting dose of amlodipine at 2.5 mg in patients with severe hepatic impairment. Initial therapy is not recommended in hepatically impaired patients.	C (first trimester) D (second and third trimester)	Unknown
Telmisartan/ amlodipine	No dosage adjustment required in the elderly population. Initial therapy is not recommended in patients ≥75 years of age.	No dosage adjustment required.	Initiate starting dose of amlodipine at 2.5 mg in patients with severe hepatic impairment. Initial therapy is not recommended	C (first trimester) D (second and third trimester)	Unknown





		Population	and Precaution		
Generic Name	Elderly/ Children	Renal Dysfunction	Hepatic Dysfunction	Pregnancy Category	Excreted in Breast Milk
	Safety and efficacy in children have not been established.		in hepatically impaired patients.		
Valsartan/ amlodipine	No dosage adjustment required in the elderly population. Safety and efficacy in children have not been established.	No dosage adjustment required.	Lower starting doses of amlodipine may be required in patients with hepatic insufficiency.	D	Unknown
Valsartan/ amlodipine/HCTZ	No dosage adjustment required in the elderly population. Safety and efficacy in children have not been established.	No dosage adjustment required.	Lower starting doses of amlodipine may be required in patients with hepatic insufficiency.	D	Unknown

HCTZ=hydrochlorothiazide





Adverse Drug Events

Adverse effects presented in Table 6 are those reported in the prescribing information for the combination products. These reported adverse effects may differ from those reported for each individual agent, which are covered in the respective single entity product reviews.

Table 6. Adverse Drug Events¹⁻¹³

Table 0. Auverse Di		,											
Adverse Event	Azilsartan/ chlorthalidone	Candesartan/ HCTZ	Eprosartan/ HCTZ	Irbesartan/ HCTZ	Losartan/ HCTZ	Olmesartan/ HCTZ	Telmisartan/ HCTZ	Valsartan/ HCTZ	Olmesartan/ Amlodipine	Olmesartan/ Amlodipine/ HCTZ	Telmisartan/ Amlodipine	Valsartan/ Amlodipine	Valsartan/ Amlodipine/ HCTZ
Cardiovascular													
Abnormal electrocardiogram	-	≥0.5	-	-	-	-	-	-	-	-	-	-	-
Angina	-	<0.5	-	-	-	-	-	-	-	-	-	-	-
Bradycardia	-	≥0.5	-	-	-	-	-	-	-	-	-	-	-
Chest pain	-	≥0.5	-	2	-	>1	-	>0.2	-	-	-	≥0.2	-
Extrasystoles	-	≥0.5	-	-	-	-	-	-	-	-	-	-	-
Hypotension	1.7	-	-	0.6 to 0.9	0.6	-	<2	>0.2 to 1.0	~	-	<2	<1	0.5
Myocardial infarction	-	<0.5	-	-	-	-	-	-	-	-	-	-	-
Palpitations	-	≥0.5	-	-	1.4	-	-	>0.2	✓	-	-	≥0.2	-
Syncope	0.3	-	-	-	-	-	-	 	-	1	<2	~	>0.2
Tachycardia	-	≥0.5	-	1	-	-	<2	>0.2	-	-	-	≥0.2	>0.2
Central Nervous System	n												
Anxiety	-	≥0.5	-	≥1	-	-	-	>0.2	-	-	-	≥0.2	>0.2
Asthenia	~	≥0.5	-	-	≥1	-	-	>0.2	-	-	-	≥0.2	>0.2
Depression	-	≥0.5	-	-	-	-	-	 	-	-	-	≥0.2	>0.2
Dizziness	8.9	2.9	4.1	1 to 8	5.7	9	1 to 7	>0.2 to 6.0	-	5.8 to 8.9	3	2.1	8.2
Headache	~	2.9	3.4	1.0 to 5.5	≥1	>2	≥2	-	-	6.4	-	≥0.2	5.2
Hypesthesia	-	≥0.5	-	-	-	-	-	-	-	-	-	-	-
Hypoaesthesia	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Insomnia	-	≥0.5	-	-	-	-	-	>0.2	-	-	-	≥0.2	>0.2
Nervousness	-	-	-	≥1	-	-	-	-	-	-	-	-	-
Paresthesia	-	≥0.5	-	-	-	-	-	>0.2	-	-	-	≥0.2	>0.2
Somnolence	-	-	-	-	-	-	-	>0.2	-	-	-	≥0.2	>0.2





Adverse Event	Azilsartan/ chlorthalidone	Candesartan/ HCTZ	Eprosartan/ HCTZ	Irbesartan/ HCTZ	Losartan/ HCTZ	Olmesartan/ HCTZ	Telmisartan/ HCTZ	Valsartan/ HCTZ	Olmesartan/ Amlodipine	Olmesartan/ Amlodipine/ HCTZ	Telmisartan/ Amlodipine	Valsartan/ Amlodipine	Valsartan/ Amlodipine/ HCTZ
Tremor	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Vertigo	-	≥0.5	-	-	-	>1	-	>0.2	-	-	-	-	>0.2
Dermatological													
Alopecia	-	-	-	-	-	~	-	~	-	-	-	-	-
Dermatitis	-	≥0.5	-	-	-	-	-	-	-	-	-	-	-
Eczema	-	≥0.5	-	-	-	-	-	-	-	-	-	≥0.2	-
Erythema	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Exanthema	-	-	-	-	-	-	-	-	-	-	-	>	-
Night sweats	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Pruritus	-	≥0.5	-	-	-	~	-	✓	✓	-	-	≥0.2	>0.2
Rash	~	≥0.5	-	≥1	1.4	>1	<2	>0.2	✓	-	-	≥0.2	>0.2
Sweating	-	≥0.5	-	-	-	-	-	>0.2	-	-	-	≥0.2	>0.2
Urticaria	-	-	-	~	-	~	-	-	-	-	-	-	-
Gastrointestinal		•											
Abdominal discomfort	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Abdominal distension	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Abdominal pain	-	≥0.5	-	2	1.2	>1	<2	>0.2	-	-	-	≥0.2	>0.2
Anorexia	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Colitis	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Constipation	-	-	-	-	-	-	-	~	-	-	-	≥0.2	>0.2
Diarrhea	~	≥0.5	-	≥1	≥1	>1	3	>0.2	-	2.6	-	≥0.2	>0.2
Dry mouth	-	-	-	-	-	-	-	>0.2	-	-	-	≥0.2	>0.2
Dyspepsia	-	≥0.5	-	2	-	>1	<2	>0.2	-	-	-	≥0.2	2.2
Flatulence	-	-	-	-	-	-	-	>0.2	-	-	-	-	-
Gastritis	-	≥0.5	-	-	-	-	-	-	-	-	-	≥0.2	>0.2
Gastroenteritis	-	≥0.5	-	-	-	>1	-	>0.2	-	-	-	≥0.2	>0.2
Hemorrhoids	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Hepatic function abnormal	-	≥0.5	-	-	-	-	-	-	-	-	-	-	-
Hepatitis	-	-	-	>	-	-	-	>	-	-	-	-	-
Nausea	~	≥0.5	-	3	≥1	3	2	>0.2	-	3	-	≥0.2	2.1





Adverse Event	Azilsartan/ chlorthalidone	Candesartan/ HCTZ	Eprosartan/ HCTZ	Irbesartan/ HCTZ	Losartan/ HCTZ	Olmesartan/ HCTZ	Telmisartan/ HCTZ	Valsartan/ HCTZ	Olmesartan/ Amlodipine	Olmesartan/ Amlodipine/ HCTZ	Telmisartan/ Amlodipine	Valsartan/ Amlodipine	Valsartan/ Amlodipine/ HCTZ
Taste disturbance	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Toothache	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Vomiting	-	≥0.5	-	3	-	~	<2	>0.2	-	-	-	≥0.2	>0.2
Laboratory Test Abnorr	nalities												
Bilirubin increased	-	、	-	-	~	-	~	-	-	-	-	-	-
BUN increased	~	≥0.5	-	-	0.6	1.3	2.8	>0.2	-	-	-	-	-
Creatine phosphokinase increased	-	≥0.5	-	-	-	>1	-	-	-	-	-	-	>0.2
Hematocrit decreased	-	~	-	-	>	0.4	0.6	-	-	-	-	-	-
Hemoglobin decreased	-	~	-	-	>	-	1.2	-	-	-	-	-	-
Hyper-cholesterolemia	-	-	-	-	-	-	-	-	-	-	-	>0.2	-
Hyperglycemia	-	≥0.5	-	-	-	>1	-	-	-	-	-	-	-
Hyperkalemia	-	-	-	0.2 to 1.2	-	~	-	~	-	-	-	-	-
Hyperlipemia	-	-	-	-	-	>1	-	-	-	-	-	-	-
Hyperlipidemia	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Hyperuricemia	~	≥0.5	-	-	-	4	-	-	-	-	-	-	>0.2
Hypokalemia	1.7	≥0.5	-	0.6 to 0.9	-	-	<2	-	-	-	-	-	>0.2
Hyponatremia	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Serum creatinine increased	2.0	~	-	-	0.8	-	1.4	-	-	-	-	-	-
Thrombocytopenia	-	-	-	-	>	-	-	-	-	-	-	-	-
Transaminase levels increased	-	≥0.5	-	-	>	>1	~	~	-	-	-	-	-
Musculoskeletal										•			
Arthralgia	-	≥0.5	-	-	-	>1	-	>0.2	-	-	-	≥0.2	>0.2
Arthritis	-	≥0.5	-	-	-	>1	-	-	-	-	-	-	-
Arthrosis	-	≥0.5	-	-	-	-	-	-	-	-	-	-	-
Attention disturbance	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Back injury	-	-	-	-	-	-	-	-	-	-	_	-	>0.2





Adverse Event	Azilsartan/ chlorthalidone	Candesartan/ HCTZ	Eprosartan/ HCTZ	Irbesartan/ HCTZ	Losartan/ HCTZ	Olmesartan/ HCTZ	Telmisartan/ HCTZ	Valsartan/ HCTZ	Olmesartan/ Amlodipine	Olmesartan/ Amlodipine/ HCTZ	Telmisartan/ Amlodipine	Valsartan/ Amlodipine	Valsartan/ Amlodipine/ HCTZ
Back pain	-	3.3	2.6	-	2.1	>1	<2	>0.2	-	-	2.2	≥0.2	2.1
Contusion	-	-	-	-	-	-	-	-	-	-	-	- 1	>0.2
Epicondylitis	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Joint sprain	-	-	-	-	-	-	-	-	-	-	-	≥0.2	>0.2
Joint swelling	-	-	-	-	-	-	-	-	-	2.1	-	≥0.2	>0.2
Leg cramps	-	≥0.5	-	-	-	-	-	-	-	-	-	-	-
Muscle cramps	-	-	-	≥1	-	-	-	>0.2	-	-	-	-	-
Muscle spasms	~	-	-	-	-	-	-	-	-	3.1	-	≥0.2	2.2
Muscle weakness	-	-	-	-	-	-	-	>	-	-	-	-	>0.2
Musculoskeletal chest pain	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Musculoskeletal pain	_	_	_	6	_	_	_	_	_	_	_	_	>0.2
Musculoskeletal stiffness	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Myalgia	_	≥0.5	0.4	_	_	>1	_	>0.2	_	_	_	≥0.2	_
Neck pain	_		-	_	_	-	_	- 0.2	_	_	_	-0.2	>0.2
Procedural pain	_	_	_	_	_	_	_	_	_	_	_	_	>0.2
Osteoarthritis	-	_	_	_	_	_	-	_	_	_	_	≥0.2	>0.2
Pain in extremity	-	_	-	_	_	_	-	>0.2	_	-	-	≥0.2	>.2
Rhabdomyolysis	-	_	_	~	_	~	-	✓	_	-	-		-
Sciatica	-	≥0.5	_	_	_	_	-	_	_	-	-	≥0.2	_
Tendonitis	-	-	-	_	-	-	-	-	-	-	-		>0.2
Respiratory				1									
Bronchitis	-	≥0.5	-	-	>1	-	<2	>0.2	-	-	-	≥0.2	>0.2
Bronchospasm	-	-	-	-	_	-	-	 ✓ 	-	-	-	-	-
Cough	~	≥0.5	-	≥1	2.6	>1	≥2	>0.2	-	-	-	≥0.2	>0.2
Dysphonia	-	-	-	-	-	-	-	_	-	-	-	≥0.2	-
Dyspnea	-	≥0.5	-	-	-	-	-	>0.2	-	-	-	≥0.2	>0.2
Epistaxis	-	≥0.5	-	-	-	-	-	~	-	-	-	≥0.2	-
Nasal congestion	-	-	-	-	-	-	-	>0.2	-	-	-	≥0.2	>0.2
Nasopharyngitis	-	-	-	-	-	-	2.4	_	-	3.5	_	4.3	2.1





Adverse Event	Azilsartan/ chlorthalidone	Candesartan/ HCTZ	Eprosartan/ HCTZ	Irbesartan/ HCTZ	Losartan/ HCTZ	Olmesartan/ HCTZ	Telmisartan/ HCTZ	Valsartan/ HCTZ	Olmesartan/ Amlodipine	Olmesartan/ Amlodipine/ HCTZ	Telmisartan/ Amlodipine	Valsartan/ Amlodipine	Valsartan/ Amlodipine/ HCTZ
Pharyngitis	-	≥0.5	-	≥1	<u>></u> 1	-	<2	۲	-	-	-	≥0.2	>0.2
Pharyngolaryngeal pain	-	-	-	-	-	-	-	>0.2	-	-	-	≥0.2	>0.2
Pharyngotonsillitis	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Rhinitis	-	≥0.5	-	≥1	-	-	-	-	-	-	-	-	>0.2
Seasonal allergies	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Sinus abnormality	-	-	-	≥1	-	-	-	-	-	-	-	-	-
Sinus congestion	-	-	-	-	-	-	-	>0.2	-	-	-	≥0.2	-
Sinus headache	-	-	-	-	-	-	-	-	-	-	-	≥0.2	>0.2
Sinusitis	-	≥0.5	-	-	1.2	-	4	>0.2	-	-	-	≥0.2	-
Tonsillitis	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Upper respiratory tract infection	-	3.6	0.4	≥1	6.1	7	8	>0.2	-	2.8	-	2.9	>0.2
Miscellaneous													
Abnormal vision	-	-	-	-	-	-	-	>	-	-	-	-	>0.2
Acute renal failure	-	-	-	-	-	>	-	-	-	-	-	-	-
Allergy	-	-	-	1	-	-	-	-	-	-	-	-	-
Anaphylaxis	-	-	-	-	-	-	-	>	-	-	-	-	-
Angioedema	-	<0.5	-	~	>	>	-	>	-	-	-	-	-
Appetite increased	-	-	-	-	-	-	-	>	-	-	-	-	>0.2
Carpal tunnel	-	-	-	-	-	-	-	-	-	-	-	≥0.2	>0.2
Cerviocobrachial	_	_	_	_	-	-	-	_	_	_	-	≥0.2	_
syndrome	-	-	-	-	-	-	-	-	-	-	-	20.2	
Chest pain, non-cardiac	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Chills	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Conjunctivitis	-	≥0.5	-	-	-	-	-	-	-	-	-	-	-
Cystitis	-	≥0.5	-	-	-	-	-	-	-	-	-	-	-
Dehydration	-	-	-	-	-	-	-	~	-	-	-	-	>0.2
Diabetes mellitus	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Diabetes mellitus, type 2	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Dysuria	-	-	-	-	-	-	-	>	-	-	-	-	>0.2





Adverse Event	Azilsartan/ chlorthalidone	Candesartan/ HCTZ	Eprosartan/ HCTZ	Irbesartan/ HCTZ	Losartan/ HCTZ	Olmesartan/ HCTZ	Telmisartan/ HCTZ	Valsartan/ HCTZ	Olmesartan/ Amlodipine	Olmesartan/ Amlodipine/ HCTZ	Telmisartan/ Amlodipine	Valsartan/ Amlodipine	Valsartan/ Amlodipine/ HCTZ
Ear pain	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Edema	-	-	-	3	1.3	-	-	-	5.7 to 11.2	-	<2	≥0.2	6.5
Edema, pitting	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Erectile dysfunction	-	-	-	-	-	-	-	>0.2	-	-	-	≥0.2	>0.2
Facial edema	-	-	-	-	-	~	-	-	-	-	-	-	-
Fatigue	2	≥0.5	1.9	6	<u>></u> 1		3	>0.2		4.2		≥0.2	2.2
Fever	-	-	-	-	-	-	-	>0.2	-	-	-	≥0.2	-
Flushing	-	-	-	-	-	-	-	~	-	-	-	≥0.2	-
Gout	-	-	-	-	-	-	-	~	-	-	-	≥0.2	-
Head discomfort	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Hematuria	-	≥0.5	-	-	-	>1	-	-	-	-	-	≥0.2	-
Hot flush	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Hypersensitivity	-	-	-	-	-	-	-	-	-	-	-	-	-
Inflicted injury	-	≥0.5	-	-	-	-	-	-	-	-	-	-	-
Influenza-like symptoms	-	2.5	-	3	-	-	2	>0.2	-	-	-	-	-
Influenza	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Infection	-	≥0.5	-	-	-	-	-	-	-	-	-	-	-
Lethargy	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Libido decreased	-	-	-	-	-	-	-	~	-	-	-	-	-
Limb injury	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Lymphadenopathy	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Malaise	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Nephrolithiasis	-	-	-	-	-	-	-	-	-	-	-	≥0.2	-
Nocturia	-	-	-	-	-	-	-	-	~	-	-	-	-
Pain	-	≥0.5	-	-	-	-	≥2	-	-	-	-	-	-
Peripheral edema	-	≥0.5	-	-	-	>1	-	>0.2	-	7.7	1.4 to 11.3	5.4	-
Pollakiuria	-	-	-	-	-	-	-	>0.2	-	-	-	≥0.2	>0.2
Renal impairment	-	-	-	-	-	-	-	~	-	-	-	-	-





Adverse Event	Azilsartan/ chlorthalidone	Candesartan/ HCTZ	Eprosartan/ HCTZ	Irbesartan/ HCTZ	Losartan/ HCTZ	Olmesartan/ HCTZ	Telmisartan/ HCTZ	Valsartan/ HCTZ	Olmesartan/ Amlodipine	Olmesartan/ Amlodipine/ HCTZ	Telmisartan/ Amlodipine	Valsartan/ Amlodipine	Valsartan/ Amlodipine/ HCTZ
Sunburn	-	-	-	-	-	-	-	~	-	-	-	-	-
Tinnitus	-	≥0.5	-	-	-	-	-	>0.2	-	-	-	~	>0.2
Tooth abscess	-	-	-	-	-	-	-	-	-	-	-	-	>0.2
Urinary frequency	-	-	-	<u>-</u>	-	-	<u>-</u>	-	~	-	-	-	-
Urinary tract infection	-	≥0.5	-	≥1	-	>2	≥2	-	-	2.4	-	-	>0.2
Urination abnormal	-	-	-	2	-	-	-	>0.2	-	-	-	-	-
Vasculitis	-	-	-	-	-	-	-	~	-	-	-	-	-
Viral infection	-	≥0.5	-	-	-	-	-	~	-	-	-	-	>0.5
Visual disturbance	-	-	-	-	-	-	-	-	-	-	-	~	-
Weight loss	-	-	-	-	-	-	-	-	-	-	-	-	>0.2

BUN=blood urea nitrogen, HCTZ=hydrochlorothiazide - Event not reported.

✓ Percent not specified.

Contraindications

Table 7. Contraindications¹⁻¹³

Contraindications	Azilsartan/ chlorthalidone	Candesartan/ HCTZ	Eprosartan/ HCTZ	Irbesartan/ HCTZ	Losartan/ HCTZ	Olmesartan/ HCTZ	Telmisartan/ HCTZ	Valsartan/ HCTZ	Olmesartan/ Amlodipine	Olmesartan/ Amlodipine/ HCTZ	Telmisartan/ Amlodipine	Valsartan/ Amlodipine	Valsartan/ Amlodipine/ HCTZ
Anuria	>	~					~	~		•			
Coadministration of aliskiren in patients with diabetes	>		~	*	~	~						~	~
Diabetes		~					~		~	~	~		
Hypersensitivity to the drug or any component	>	~	~	>	~	~	~	~	~	~	~	~	~
Hypersensitivity to sulfonamide drugs		~	~	~	~	~	~	~		~			~





Warnings and Precautions

 Table 8. Warnings and Precautions¹⁻¹³

Warnings/Precautions	Azilsartan/ chlorthalidone	Candesartan/ HCTZ	Eprosartan/ HCTZ	Irbesartan/ HCTZ	Losartan/ HCTZ	Olmesartan/ HCTZ	Telmisartan/ HCTZ	Valsartan/ HCTZ	Olmesartan/ Amlodipine	Olmesartan/ Amlodipine/ HCTZ	Telmisartan/ Amlodipine	Valsartan/ Amlodipine	Valsartan/ Amlodipine/ HCTZ
	cl	0				•	•				•		
Angina and/or myocardia infarction increased										~	~	~	~
Fetal toxicity; neonatal injury when used during the second and third trimesters	>	~	~	~	~	~	~	~	~	~	~	~	~
Fluid/electrolyte disturbances (hyponatremia, hypochloremic alkalosis, hypokalemia, hypercalcemia)	>	~	~	~	~	~	~			~			
Hypersensitivity reactions to HCTZ in patients with a history of allergy or bronchial asthma			~	~	~	~	~	~		~			~
Hyperuricemia, use cation in gout	>	~	~	~	~	~	~			~			
Hyperkalemia	>	~	~	~	~	~	~	~		~	~	~	~
Hypotension in volume or salt- depleted patients; start therapy with one drug	>	~	~	~	~	~	~	~	~	~	~	~	~
Metabolic disturbances (increase cholesterol, trigs)				~				~		~			
Monitor renal function	~	~	~	~	~	~	~	~	~	 	~	~	~
Myopia (acute) and secondary angle-closure glaucoma		~	~	~	~	~	~	~		~			~
Sprue-like enteropathy; severe chronic weight loss						~			~	~			
Systemic Lupus Erythematosus exacerbations may occur		~	~	~	~	~	~	~		~			~
Use cation in hepatic disfunction Vasodilation; use cation in exercise			~	~	~	~	~		~ ~	> >	~		





Black Box Warning for angiotensin II receptor antagonist combination products¹⁻¹³

WARNING

When pregnancy is detected, discontinue the combination angiotensin II receptor antagonist as soon as possible. Drugs that act directly on the renin-angiotensin system can cause injury and death to the developing fetus.

Drug Interactions

Table 9. Drug Interactions^{1-13,18}

Drug(s)	Interaction	Mechanism
Angiotensin II receptor blockers (all)	Lithium	Angiotensin II receptor blockers may decrease lithium renal excretion by enhancing its reabsorption. Lithium levels may increase, resulting in an increase in pharmacologic and toxic effects of lithium. Monitor patients for lithium toxicity and adjust dose as needed.
Angiotensin II receptor blockers (all)	Potassium sparing diuretics	Angiotensin II receptor blockers and potassium sparing diuretics may increase serum potassium levels, leading to additive or synergistic effects. Regularly monitor serum potassium concentrations and renal function in patients receiving these agents concurrently. Consider estimating creatinine clearance in elderly patients and high risk patients.
Angiotensin II receptor blockers	Nonsteroidal anti- inflammatory agents	Concurrent use of angiotensin II receptor blockers and nonsteroidal anti-inflammatory agents may result in decreased antihypertensive effects and an increased risk of renal impairment.
Thiazide diuretics (all)	Digitalis glycosides	Thiazide diuretics may induce electrolyte disturbances which may predispose patients to digitalis-induced arrhythmias. Measure plasma levels of potassium and magnesium, supplement low levels, and use dietary sodium restriction or potassium sparing diuretics to prevent further losses.
Thiazide diuretics (all)	Dofetilide	Thiazide diuretics may induce hypokalemia which may increase the risk of torsades de pointes. The coadministration of dofetilide with a thiazide diuretic is contraindicated.
Thiazide diuretics (all)	Lithium	Decreased lithium clearance may occur with thiazide use. This may lead to increased serum lithium levels and possibly lithium toxicity. Monitor plasma lithium levels and symptoms of toxicity, and adjust the dose as needed.
Thiazide diuretics (HCTZ)	Cisapride	Cisapride is contraindicated in patients receiving thiazide diuretics. Thiazide diuretics may lead to a rapid reduction in plasma potassium. This electrolyte loss may lead to additive prolongation of the QT interval, increasing the risk of life- threatening arrhythmias.
Thiazide diuretics (HCTZ)	Diazoxide	Hyperglycemia and symptoms similar to frank diabetes may occur. The effect appears to return to pre-treatment values approximately two weeks after discontinuation of the medications. Decreased dose of one or both medications may be indicated. Avoidance of concurrent use is recommended with close monitoring of blood and urine glucose levels if concurrent use is necessary.
Thiazide diuretics (HCTZ)	Loop diuretics	Coadministration may lead to greater sodium, potassium and chloride excretion and dieresis. Careful titration with small or intermittent doses is recommended. Monitor for dehydration and electrolyte abnormalities during concurrent use.
Thiazide diuretics	Sulfonylureas	Thiazide diuretics may decrease insulin tissue sensitivity,





Drug(s)	Interaction	Mechanism
(HCTZ)		decrease insulin secretion, and increase potassium loss. This may lead to hyperglycemia, decreasing the hypoglycemic effects of the sulfonylureas. Blood glucose levels should be closely monitored, and an increase of the sulfonylurea dose may be needed.

HCTZ=hydrochlorothiazide

Dosage and Administration

Table 10. Dosing and Administration¹⁻¹³

Generic Name	Usual Adult Dose	Usual Pediatric Dose	Availability
Azilsartan/ chlorthalidone	<u>Hypertension*:</u> Tablet: initial, 40/12.5 mg QD; maximum, 40/25 mg; initiate combination therapy after failure on monotherapy; combination may be substituted for the titrated individual components	Safety and efficacy in children have not been established.	Tablet: 40/12.5 mg 40/25 mg
Candesartan/ HCTZ	<u>Hypertension¹</u> : Tablet: initial, initiate combination therapy after failure on monotherapy; combination may be substituted for the titrated individual components; patients not controlled or experiencing hypokalemia on HCTZ 25 mg can expect an incremental effect from 16/12.5 mg; patients not controlled on candesartan 32 mg can expect incremental blood pressure effects from 32/12.5 mg and then 32/25 mg	Safety and efficacy in children have not been established.	Tablet: 16/12.5 mg 32/12.5 mg 32/25 mg
Eprosartan/ HCTZ	<u>Hypertension¹:</u> Tablet: initial, initiate combination therapy after failure on monotherapy; combination may be substituted for the titrated individual components; maintenance, 600/12.5 mg QD when used in patients who are not volume- depleted; patients may be titrated to 600/25 mg QD	Safety and efficacy in children have not been established.	Tablet: 600/12.5 mg 600/25 mg
Irbesartan/ HCTZ	<u>Hypertension*:</u> Tablet: initial, 150/12.5 mg QD; maintenance, in patients not controlled on monotherapy with irbesartan or HCTZ, the recommended dose, in order of increasing mean effect are, 150/12.5, 300/12.5 and 300/25 mg; combination may be substituted for the titrated individual components; maximum, 300/25 mg QD	Safety and efficacy in children have not been established.	Tablet: 150/12.5 mg 300/12.5 mg
Losartan/ HCTZ	<u>Hypertension[±]:</u> Tablet: initial, 50/12.5 mg QD; maintenance, if blood pressure remains uncontrolled, the dose may be increased to 2 tablets of 50/12.5 mg QD or 1 tablet of 100/25 mg QD; maximum, 100/25 mg/day	Safety and efficacy in children have not been established.	Tablet: 50/12.5 mg 100/12.5 mg 100/25 mg
	Left ventricular hypertrophy in hypertensive patients [§] :		





Generic Name	Usual Adult Dose	Usual Pediatric Dose	Availability
	Tablet: initial, losartan 50 mg QD; HCTZ 12.5 mg QD should be added or 50/12.5 mg substituted if blood pressure reduction is inadequate; maintenance, if additional blood pressure reduction is needed, losartan 100 mg and HCTZ 12.5 mg or 100/12.5 mg may be substituted, followed by losartan 100 mg and HCTZ 25 mg or 100/25 mg		
Olmesartan/ HCTZ	<u>Hypertension¹:</u> Tablet: initial, initiate combination therapy after failure on monotherapy; combination may be substituted for the titrated individual components; maintenance, in patients not controlled on olmesartan, HCTZ may be added starting with a dose of 12.5 mg and later titrated to 25 mg QD; if patient is taking HCTZ, olmesartan may be added starting with a dose of 20 mg QD and titrated to 40 mg	Safety and efficacy in children have not been established.	Tablet: 20/12.5 mg 40/12.5 mg 40/25 mg
Telmisartan/ HCTZ	<u>Hypertension¹:</u> Tablet: initial, initiate combination therapy after failure on monotherapy; combination may be substituted for the titrated individual components; maintenance, patients not controlled on telmisartan 80 mg monotherapy may be switched to 80/12.5 mg QD and titrated up to 160/25 mg if necessary; patients not controlled on HCTZ 25 mg may be switched to 80/12.5 or 80/25 mg QD	Safety and efficacy in children have not been established.	Tablet: 40/12.5 mg 80/12.5 mg 80/25 mg
Valsartan/ HCTZ	<u>Hypertension*:</u> Tablet: initial, 160/25 mg QD; maximum, 320/25 mg QD; patients not controlled on valsartan or HCTZ monotherapy may switch to combination therapy	Safety and efficacy in children have not been established.	Tablet: 80/12.5 mg 160/12.5 mg 160/25 mg 320/12.5 mg 320/25 mg
Olmesartan/ amlodipine	<u>Hypertension*:</u> Tablet: initial, 20/5 mg QD; maximum, 40/10 mg QD; combination may be substituted for the titrated individual components	Safety and efficacy in children have not been established.	Tablet: 20/5 mg 40/5 mg 20/10 mg 40/10 mg
Olmesartan/ amlodipine/ HCTZ	<u>Hypertension[±]:</u> Tablet: initial, initiate combination therapy after failure on monotherapy; combination may be substituted for the titrated individual components; maximum, 40/10/25 mg	Safety and efficacy in children have not been established.	Tablet: 20/5/12.5 mg 40/5/25 mg 40/5/12.5 mg 40/10/12.5 mg 40/10/25 mg
Telmisartan/ amlodipine	<u>Hypertension*:</u> Tablet: initial, 40/5 mg QD, patients requiring larger blood pressure reductions may be started at 80/10 mg QD; combination may be substituted for the titrated individual components; maximum, 80/10 mg QD	Safety and efficacy in children have not been established.	Tablet: 40/5 mg 40/10 mg 80/5 mg 80/10 mg
Valsartan/	Hypertension*:	Safety and	Tablet:





Generic Name	Usual Adult Dose	Usual Pediatric Dose	Availability
amlodipine	Tablet: initial, 160/5 mg QD; maximum, 320/10 mg QD; combination may be substituted for the titrated individual components	efficacy in children have not been established.	160/5 mg 160/10 mg 320/5 mg 320/10 mg
Valsartan/ amlodipine/ HCTZ	<u>Hypertension[±]</u> Tablet: initial, initiate combination therapy after failure on monotherapy; combination may be substituted for the titrated individual components; maximum, 320/10/25 mg QD	Safety and efficacy in children have not been established.	Tablet: 160/5/12.5 mg 160/5/25 mg 160/10/12.5 mg 160/10/25 mg 320/10/25 mg

HCTZ=hydrochlorothiazide, QD=once daily *Indicated to treat hypertension in patients not adequately controlled on monotherapy or as initial therapy in patients who are likely

to need multiple drugs to achieve their blood pressure goals. †This fixed-dose combination is not indicated for initial therapy, except when the hypertension is severe enough that the value of achieving prompt blood pressure control exceeds the risks of initiating combination therapy in these patients.

§There is evidence that this benefit does not extend to African American patients.

Clinical Guidelines

Table 11. Clinical Guidelines

Clinical Guideline	Recommendations
Clinical Guideline Eight Joint National Committee (JNC 8): 2014 Evidence-based Guideline for the Management of High Blood Pressure in Adults (2014) ¹⁹	 Recommendations Pharmacologic treatment should be initiated in patients ≥60 years of age to lower blood pressure at systolic blood pressure ≥150 mm Hg or diastolic blood pressure ≥90 mm Hg and to a goal systolic blood pressure <150 mm Hg and goal diastolic blood pressure <90 mm Hg. Adjustment of treatment is not necessary if treatment results in lower blood pressure and treatment is well tolerated and without adverse effects on health or quality of life. In patients <60 years of age, pharmacologic treatment should be initiated to lower blood pressure <90 mm Hg. In patients <60 years of age, pharmacologic treatment should be initiated to lower blood pressure at diastolic blood pressure ≥90 mm Hg to a goal diastolic blood pressure <90 mm Hg. In patients <60 years of age, pharmacologic treatment should be initiated to lower blood pressure <90 mm Hg. In patients <60 years of age, pharmacologic treatment should be initiated to lower blood pressure <140 mm Hg. For patients ≥18 years of age with chronic kidney disease or diabetes, pharmacologic treatment should be initiated to lower blood pressure ≥140 mm Hg or diastolic blood pressure ≥90 mm Hg and to a goal systolic blood pressure <140 mm Hg and goal diastolic blood pressure ≥90 mm Hg and to a goal systolic blood pressure <140 mm Hg and goal diastolic blood pressure ≥90 mm Hg and to a goal systolic blood pressure <140 mm Hg and goal diastolic blood pressure ≥90 mm Hg and to a goal systolic blood pressure <140 mm Hg and goal diastolic blood pressure ≥90 mm Hg and to a goal systolic blood pressure <140 mm Hg and goal diastolic blood pressure ≥90 mm Hg and to a goal systolic blood pressure <140 mm Hg and goal diastolic blood pressure ≥90 mm Hg and to a goal systolic blood pressure <140 mm Hg and goal diastolic blood pressure ≥90 mm Hg and to a goal systolic blood pressure <140 mm Hg and goal diastolic blood pressure ≥90 mm Hg and to a goal systolic blood pressure <140 mm Hg and goal diastolic blood pressur
	 Initial antihypertensive treatment for the general nonblack population, including those with diabetes should include thiazide-type diuretic, calcium channel blocker (CCB), ACE inhibitor, or ARB. Initial antihypertensive treatment for the general black population,
	 including those with diabetes should include thiazide-type diuretic, calcium channel blocker (CCB), ACE inhibitor, or ARB. Initial antihypertensive treatment for the general black population,
	 For patients ≥18 years of age with chronic kidney disease regardless of race or diabetes status, initial (or add-on) treatment should include an ACE inhibitor or ARB to improve kidney outcomes. The main goal of antihypertensive treatment is to attain and maintain goal blood pressure.
	 If goal blood pressure is not attained within a month of treatment, the dose of the initial drug should be increased or second drug from the thiazide-type diuretic, CCB, ACE inhibitor, or ARB classes should be





Clinical Guideline	Recommendations
	 added. If goal is not achieved with two drugs, a third drug from the thiazide-type diuretic, CCB, ACE inhibitor, or ARB classes should be added. An ACE inhibitor and ARB should not be used together. Antihypertensive classes can be used if the patient is unable to achieve goal blood pressure with three agents or had a contraindication to a preferred class. If blood pressure is not able to be achieved or in complicated patients, referral to a hypertension specialist may be indicated.
European Society of Hypertension/ European Society of Cardiology: 2007 Guidelines for the Management of Hypertension (2007) ⁶⁶ , Reappraisal of Guidelines on Hypertension Management (2009) ²⁰	 In order to optimize treatment initiation, intensity and goals, it is important to assess total cardiovascular risk in patients with hypertension which must include a search for subclinical organ damage. In general, early introduction of blood pressure lowering treatments, before organ damage develops or becomes irreversible or before cardiovascular events occur, is recommended. There is evidence that certain drug classes may be preferred in specific patient populations: left ventricular hypertrophy (ACE inhibitors, ARBs and calcium channel blockers), asymptomatic atherosclerosis (calcium channel blockers), asymptomatic atherosclerosis (calcium channel blockers), asymptomatic atherosclerosis (calcium channel blockers), and ARBs), previous stroke (any antihypertensive), previous myocardial infarction (ACE inhibitors, β-blockers and ARBs), angina (calcium channel blockers), ABS, pervious and β-blockers), heart failure (diuretics, ACE inhibitors, β-blockers, ARBs and aldosterone antagonists), recurrent atrial fibrillation (ACE inhibitors and ARBs), permanent atrial fibrillation (β-blockers and nondihydropyridine calcium channel blockers), end stage renal disease/proteinuria (ACE inhibitors, ARBs and loop diuretics), metabolic syndrome (ACE inhibitors, ARBs and calcium channel blockers), diabetes (ACE inhibitors and ARBs), pregnancy (methyldopa, calcium channel blockers) and African American patients (calcium channel blockers) and African American patients (calcium channel blockers). Available evidence justifies the use of aliskiren in hypertension, particularly in combination with other agents. Many patients will require more than one medication to control blood pressure. Patients may be started on montherapy or combination therapy. Initial combination therapy should be considered in patients with grade II or III hypertension or patients with high or very high cardiovascular risk. Fixed combining different classes of antihypertensive me





Clinical Guideline	Recommendations
	blocker and a diuretic at effective doses.
	 A β- or α-blocker may be included in triple therapy approach
	depending on clinical circumstances.
	 Antihypertensive treatment is highly beneficial in elderly patients and treatment may be initiated with a thiazide diuretic, ACE inhibitor, calcium channel blocker, ARB or β-blocker.
	 Blood pressure lowering drugs should be continued or initiated in patients 80 years of age, starting with monotherapy and adding a second drug, if needed. The decision to treat should be made on an individual basis and patients should be carefully monitored.
	 Calcium channel blockers, ARBs and thiazide diuretics have been shown to be effective in treating isolated systolic hypertension.
	• Antihypertensive treatment should always be initiated in diabetic patients when blood pressure is 140/90 mm Hg or higher; however, there is evidence in favor of initiating treatment with high normal blood pressure.
	• The blood pressure goal of <130/80 mm Hg is not supported by outcome evidence from trials and is difficult for the majority of patients to achieve; therefore, its realistic to recommend only to pursue a sizeable blood pressure reduction without indicating a goal that is unproven.
	 In hypertensive diabetic patients, tight blood glucose control (glycosylated hemoglobin to 6.5%) is beneficial, particularly in combination with
	effective blood pressure control, on improving microvascular complications. Tight glucose control should not be pursued abruptly and patients should be monitored closely due to the increased risk of severe hypoglycemic episodes.
National Institute for Health and Clinical	 Initial therapy in patients <55 years of age should be an ACE inhibitor or an ARB if the patient is intolerant to ACE inhibitors.
Excellence/British	• Do not combine an ACE inhibitor with an ARB to treat hypertension.
Hypertension Society: Hypertension: Clinical Management	• Initial therapy in patients ≥55 years of age should be a calcium channel blocker or for black people of African or Caribbean family origin of any
of Primary Hypertension in	age. If a calcium channel blocker is not suitable, or if there is evidence of heart failure or a high risk of heart failure, offer a thiazide-like diuretic.
Adults: (2011) ²¹	 If diuretic treatment is to be initiated or changed, offer a thiazide-like diuretic, such as chlorthalidone (12.5 to 25.0 mg daily) or indapamide (1.5 mg modified-release daily or 2.5 mg once) in preference to a conventional thiazide diuretic such as bendroflumethiazide or hydrochlorothiazide.
	 Beta-blockers are not a preferred initial therapy for hypertension. However, beta-blockers may be considered in younger people, particularly those with an intolerance or contraindication to ACE inhibitors and ARBs, women of child-bearing potential those with an increased sympathetic drive.
	 If a second medication is required treatment with a calcium channel blocker in combination with an ACE inhibitor or an ARB should be added. If a calcium channel blocker is not suitable, or if there is evidence of heart failure or a high risk of heart failure, a thiazide-like diuretic is recommended.
	 If three medications are required, a combination of calcium channel blocker, ACE inhibitor and diuretic should be used. If blood pressure remains uncontrolled, consider adding a fourth medication or consult a specialist.
	If clinic blood pressure remains higher than 140/90 mmHg after treatment





Clinical Guideline	Recommendations
World Health	 with the optimal or best tolerated doses of an ACE inhibitor or an ARB plus a CCB plus a diuretic as resistant hypertension, and consider adding a fourth antihypertensive drug and/or seeking expert advice. For resistant hypertension, consider further diuretic therapy with low dose spironolactone (25 mg daily) if the blood potassium level is less than 4.5 mmol/L. Consider a higher-dose thiazide-like diuretic if the blood potassium level is greater than 4.5 mmol/L.
Vorid Health Organization/ International Society of Hypertension: 2003 World Health Organization/ International Society of Hypertension Statement on Management of Hypertension (2003) ²²	 When used as monotherapy, a diuretic or a calcium channel blocker may be more effective than an ACE inhibitor or a β-blocker in African American patients and older patients. Compelling indications for the use of a medication from a specific drug class include elderly patients with isolated systolic hypertension (diuretics and dihydropyridine calcium channel blockers), renal disease (ACE inhibitors and ARBs), post-myocardial infarction (ACE inhibitors and β- blockers), left ventricular dysfunction (ACE inhibitors), congestive heart failure (β-blockers, ACE inhibitors and diuretics), left ventricular hypertrophy (ARBs) and cerebrovascular disease (diuretics and ACE inhibitors).
National Heart, Lung, and Blood Institute: Expert Panel on Integrated Guidelines for Cardiovascular Health and Risk Reduction in	 Losartan, amlodipine, felodipine, fosinopril, lisinopril, metoprolol, and valsartan can be added to the list of medications that are tolerated over short periods, and can reduce blood pressure in children from ages 6 to 17 years, but predominantly is effective in adolescents. For African American children, greater doses of fosinopril may be needed for effective blood pressure control. Trial durations, however, were short, and long-term safety is still in question.
Children and Adolescents (2012) ²³	 For children from birth to age three years: Routine measurement of blood pressure is not recommended. Blood pressure should be measured when there is a suspicion of renal disease, coarctation of the aorta, or other condition that may be associated with blood pressure elevation. In these young patients, auscultation of blood pressure is often quite difficult, so measurement with an oscillometric device using an appropriate size cuff is acceptable. The state of the infant or young child (e.g., sleeping, quiet, fussing, crying) is important in the interpretation of blood pressure measurement. For younger patients, treatment of high blood pressure is often directed at the underlying cause, since primary hypertension is uncommon.
	 For children, ages 3 to 11 years: Routine measurement of blood pressure during health care visits is recommended. This is true of visits for health maintenance and for visits when the child is ill. Auscultation should be the method of choice for confirmation of elevated blood pressure measurements using an oscillometric device. The blood pressure percentiles from the <i>Fourth Report</i> based on age, gender, and height percentiles should be used to categorize blood pressure as prehypertension or Stage 1 or Stage 2 hypertension. blood pressure elevation must be persistent to be considered hypertension. In this age group, obesity is an increasingly important cause of blood





Clinical Guideline	Recommendations
	pressure elevation. When obesity is present, therapy should first be directed at improving diet and physical activity behaviors. This age group offers the opportunity to intervene early in the process of obesity development, allowing the clinician to focus on weight maintenance while the child grows, as opposed to weight loss. It also provides an important opportunity to introduce the Dietary Approaches to Stop Hypertension (DASH)-style diet.
	 For adolescents, ages 12 to 17 years: The approach to the evaluation of blood pressure is similar to that of children ages three to younger than 12 years, but the prevalence of primary hypertension is much more common, and obesity is a major concern as an underlying factor. Adolescents with obesity are at risk of type 2 diabetes mellitus. Diabetes is a condition for which more aggressive blood pressure lowering is recommended. In this age group, the level of blood pressure indicating prehypertension is at least 120/80, the same as that for adults. This is because the 90th percentile for adolescents is higher than 120/80 for most ages and height percentiles. For adolescents with increased body mass index and elevated blood pressure, weight loss is the cornerstone of therapy. Both dietary and physical activity behaviors should be addressed, aiming for appropriate energy balance, lower dietary sodium, and a DASH-like dietary pattern.
	 For young adults, ages 18 to 21 years: Adult cut points for blood pressure in this age group are used to define hypertension. In this age range, institution of the adult DASH diet is recommended for individuals with prehypertension or hypertension, as is reduction of dietary sodium. Overweight continues to be a major concern in this age group; weight reduction should be promoted through enhanced energy expenditure coupled with reduced energy intake. Physical activity should be promoted, since moderate-to-vigorous physical activity reduces blood pressure levels in adults. The management of hypertension should follow the recommendations in the Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure.
Kidney Disease Improving Clinical Outcomes Group: KDIGO Clinical Practice Guideline for the Management of Blood Pressure in Chronic Kidney Disease (2012) ²⁴	 Blood pressure management in chronic kidney disease (CKD) non-dialysis (ND) patients without diabetes mellitus The Work Group recommends that non-diabetic adults with CKD ND and urine albumin excretion <30 mg per 24 hours (or equivalent*) whose office blood pressure is consistently >140 mm Hg systolic or >90 mm Hg diastolic be treated with blood pressure -lowering drugs to maintain a blood pressure that is consistently ≤140 mm Hg systolic and ≤90 mm Hg diastolic. The Work Group suggests that non-diabetic adults with CKD ND and urine albumin excretion of 30 to 300 mg per 24 hours (or equivalent*) whose office blood pressure is consistently >130 mm Hg systolic or >80 mm Hg diastolic be treated with BP-lowering drugs to maintain a blood pressure that is consistently ≤130 mm Hg systolic and ≤80 mm Hg





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Clinical Guideline	Recommendations
	 systolic and diastolic readings less than or equal to the 50th percentile for age, sex, and height, unless achieving these targets is limited by signs or symptoms of hypotension. The Work Group suggests that an ARB or ACE-I be used in children with CKD ND in whom treatment with blood pressure -lowering drugs is indicated, irrespective of the level of proteinuria.
	 Blood pressure management in elderly persons with CKD ND Tailor blood pressure treatment regimens in elderly patients with CKD ND by carefully considering age, co-morbidities and other therapies, with gradual escalation of treatment and close attention to adverse events related to blood pressure treatment, including electrolyte disorders, acute deterioration in kidney function, orthostatic hypotension and drug side effects.
	*Approximate equivalents for albumin excretion rate per 24 hours is expressed as protein excretion rate per 24 hours, albumin/creatinine ratio, protein/creatinine ratio, and protein reagent strip results.

Conclusions

They are all Food and Drug Administration (FDA) approved for the treatment of hypertension. One agent, losartan/HCTZ carries the additional indication of reduction in the risk of stroke in patients with hypertension and left ventricular hypertrophy. Edarbyclor[®] (azilsartan/chlorthalidone) is the only chlorthalidone-containing product in the class. The other products available in this class include various combinations of an ARB with a calcium channel blocker (amlodipine), a thiazide diuretic (HCTZ) or both. The products that are available generically include candesartan/HCTZ, irbesartan/HCTZ, losartan/HCTZ, telmisartan/HCTZ, valsartan/HCTZ, and telmisartan/amlodipine.

Current treatment guidelines indicate that many patients will require more than one antihypertensive agent to achieve goal blood pressure and that patients with stage/grade 2 hypertension may require initial therapy with medications from two different drug classes.¹⁹⁻²² According to the Eighth Report of the Joint National Committee on Prevention, Detection, Evaluation, Treatment of High Blood Pressure the general nonblack population, including those with diabetes, initial antihypertensive treatment should include a thiazide-type diuretic, calcium channel blocker, angiotensin-converting enzyme inhibitor, or angiotensin receptor blocker.¹⁹ ARBs are specifically recommended in hypertensive patients with certain compelling indications including heart failure, left ventricular hypertrophy, chronic kidney disease and diabetes.¹⁹⁻²² If more than one medication is needed, it is recommended that the second medication be of a different class.¹⁹ It is important to note that certain combinations are not recommended, including concurrent use of an ARB and an ACE-inhibitor.^{19,21}

Clinical trials assessing the combination angiotensin II receptor blockers (ARBs) in the treatment of hypertension have demonstrated that, in general, dual therapy combinations of ARBs plus either a thiazide diuretic or amlodipine achieve greater reductions in blood pressure and higher blood pressure control rates compared to monotherapy regimens of ARBs, amlodipine or a thiazide diuretic.²⁵⁻³⁷ A meta-analysis by Conlin et al found that combination therapy with ARBs and HCTZ resulted in substantially greater reductions in systolic and diastolic blood pressure compared to ARB monotherapy.³⁸ A second meta-analysis, conducted by Fogari et al, found that triple combinations of ARBs (olmesartan or valsartan), CCBs (amlodipine), and diuretics (hydrochlorothiazide) at any dose provided more blood pressure reduction in office and 24-hour ambulatory measurements than any dual combination of these molecules (P<.0001 for both).³⁹ Trials assessing triple therapy regimens with an ARB, amlodipine and HCTZ demonstrate significantly greater blood pressure reductions with triple therapy compared to combination and monotherapy.⁴⁰⁻⁴² There are limited head-to-head trials involving these agents, and the trials do not consistently demonstrate superiority of one combination product over another within the





class.³⁵⁻⁵⁰ However, telmisartan/HCTZ has been shown to significantly improve DBP and SBP when compared to valsartan or losartan in combination with HCTZ in three studies over six to ten weeks.^{46,48,49}

Losartan/HCTZ is the only combination agent in the class which carries an additional indication for reduction in the risk of stroke in patients with hypertension and left ventricular hypertrophy. The efficacy of losartan in preventing stroke in this population was demonstrated in the Losartan Intervention for Endpoint trial and its corresponding substudies. Losartan was compared to therapy with atenolol (HCTZ could be added to primary regimens if needed for blood pressure control). Results demonstrate a 24.9% relative risk reduction in stroke in patients treated with losartan-based regimens as compared to atenolol-based regimens.⁵⁶

Several angiotensin blocker combination products are now generic. Generic products include candesartan/HCTZ, irbesartan/HCTZ, losartan/HCTZ, telmisartan/HCTZ, valsartan/HCTZ, and telmisartan/amlodipine. The only products that are not available generically as a single agent in any dosage for or strength include azilsartan (Edarbi[®]) and olmesartan (Benicar[®]).





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